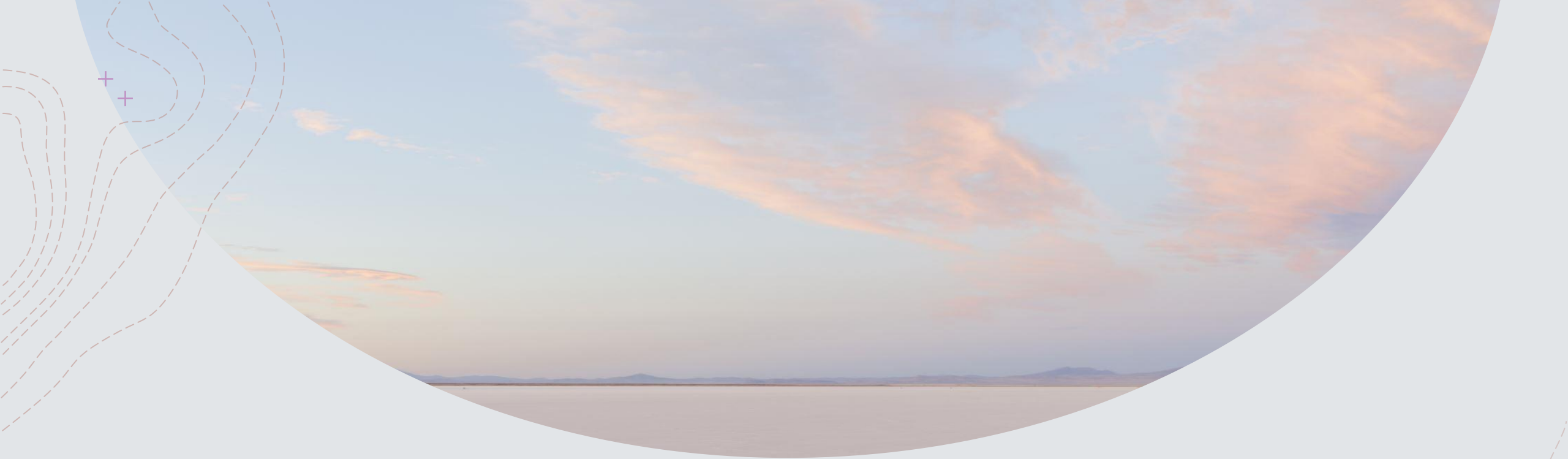




HUMAN PERFORMANCE & ARCHITECTURE IN EXTREME ENVIRONMENTS

Presented by: Pranita Khedkar

M.S. in Space Architecture
Spring 2022

UNIVERSITY of
HOUSTON

CULLEN COLLEGE of ENGINEERING
Department of Mechanical Engineering

SICSIN



Problem

- **Lack Participatory Architectural Design Process**
- **Lack of spatial habitability supporting both working & social activities**
- **Crew Autonomy, Democracy & Teamwork**
- **Machine Support, human creativity for exploration and discovery**
- **Equipments and workstation design for productivity, not packaging**
- **Workplace design shapes the quality of work life**

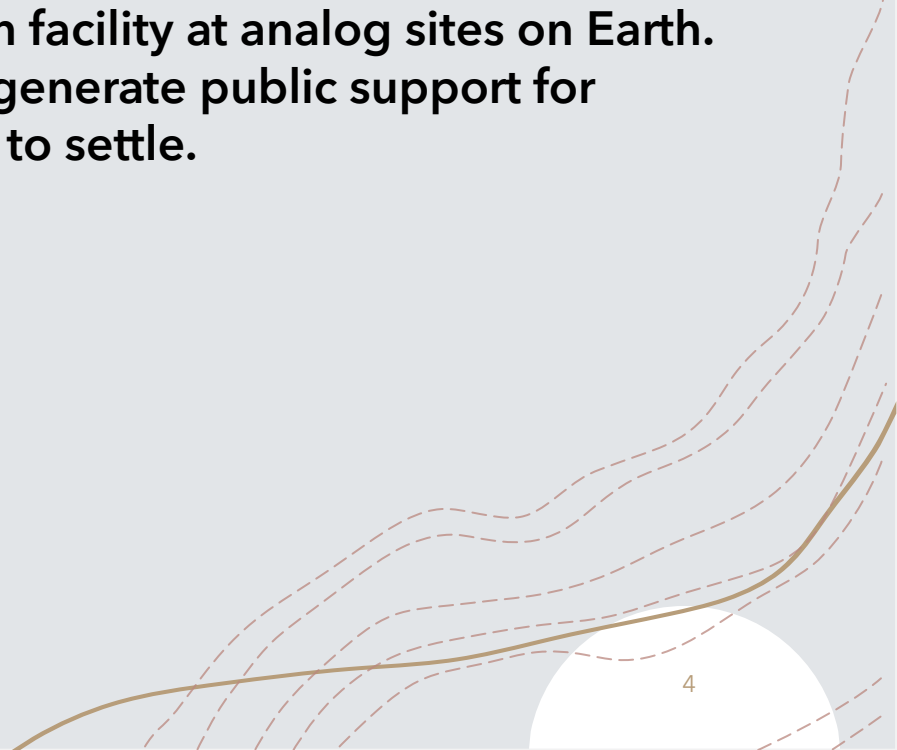


Vision & Mission

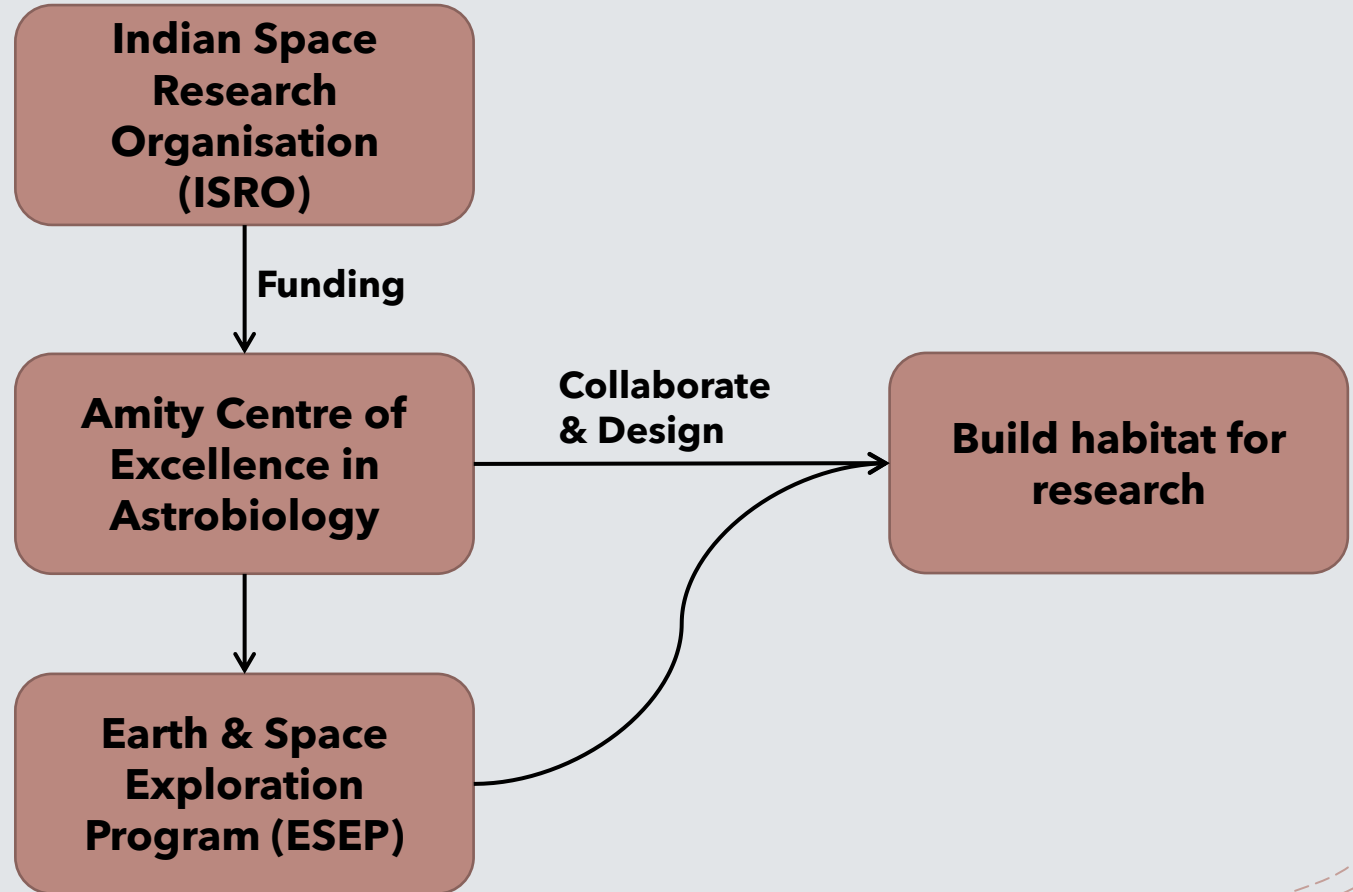
- To design and provide safe and self-reliable habitation capable with fully-integrated systems for autonomous operations
- Investigating mission architecture that would help in decreasing crew training time, adaptability to new conditions in extreme environments.
- Design/Develop most efficient and effective habitat for Mars-like environment on Earth.

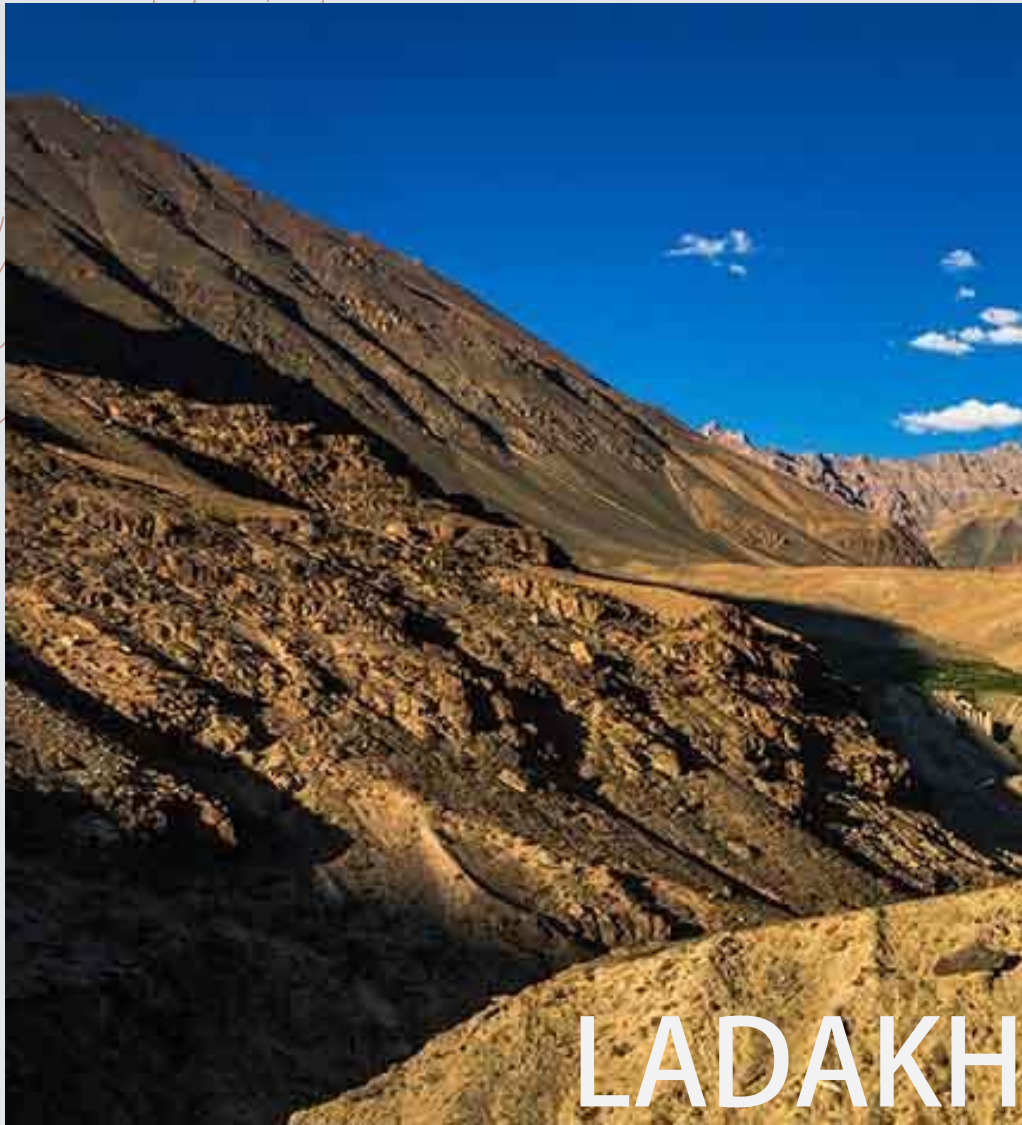


Goals

- **An effective testbed for field operations**
 - **The prototype will be practical, realistic, and adaptable to future.**
 - **Serve as a useful research facility at analog sites on Earth.**
 - **The research facility will generate public support for sending humans to Mars to settle.**
- 

Budget



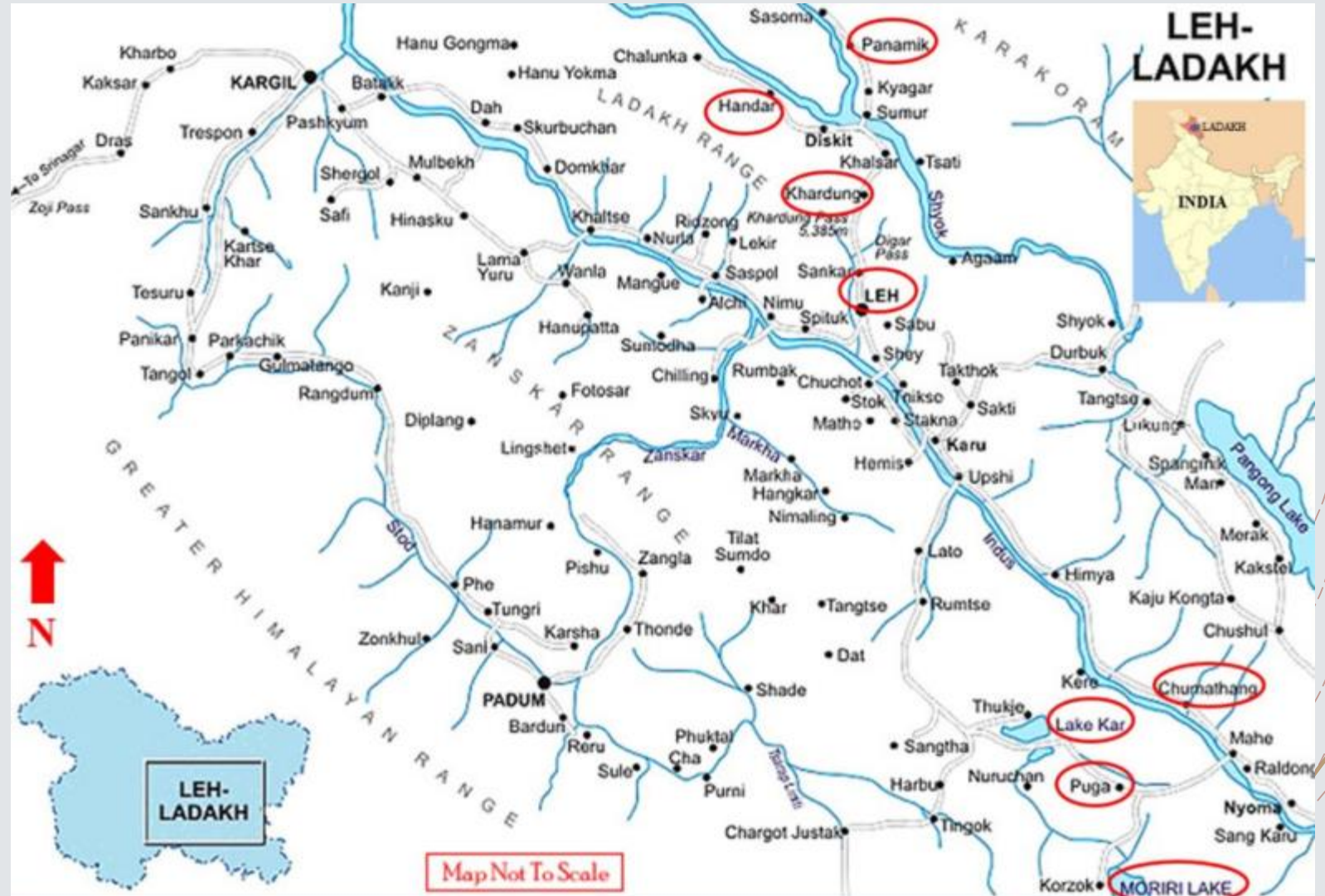


LADAKH MARS

Potential Sites

Ladakh is cold, high altitude desert region located in the Himalayas. With a diverse range of extreme environments (boron rich hot springs, glacial deposits, saline lakes and permafrost regions).

Ladakh is located in the easternmost section of Himalayas (3500-5500 meters above sea level). With cold temperatures and high ultraviolet exposure due to its elevation, Ladakh has unique topological features that are of particular interest to scientists and analog explorers alike.

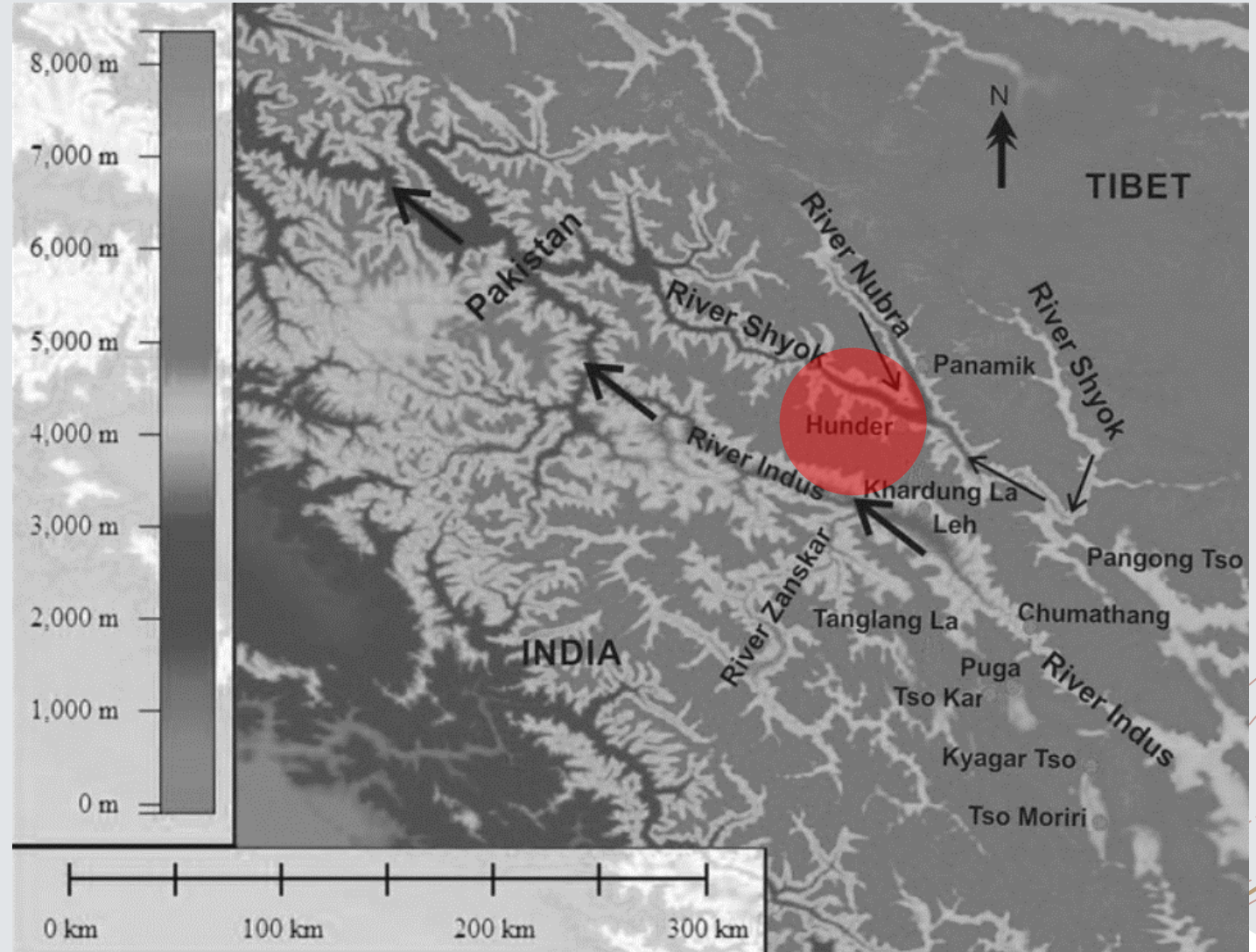


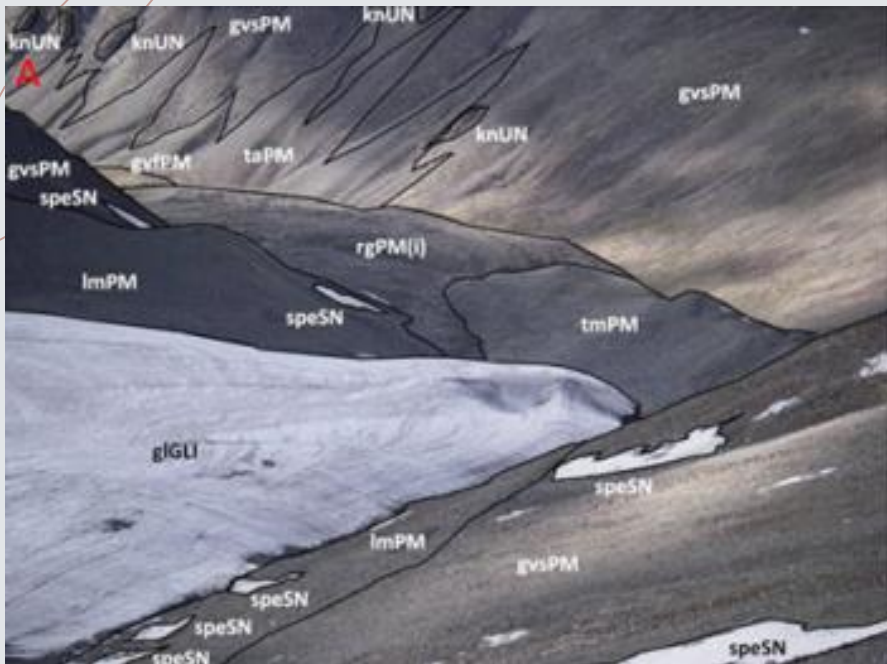
Selected Site for Analog Mission

Site Types	Glacial High Passes		Sand Dune and Ponds	Hot Springs			Saline Lake		Permafrost
Activity	Kardung La	Taglang La	Hunder	Panamik	Chumathang	Puga	Sumdo	Tso Kar	Tso Kar
Regolith Landform Mapping	X	X	-	-	-	-	-	-	-
Comparative Planetology	X	X	X	X	X	X	X	X	X
Instrument Testing	X	X	X	-	-	-	X	X	X
Life Detection Analytical Protocols	-	X	X	X	X	-	X	X	X
Biomass Distribution	-	X	X	X	X	-	X	X	X
Microbial Diversity/ Metabolism	-	-	-	X	X	X	-	-	-

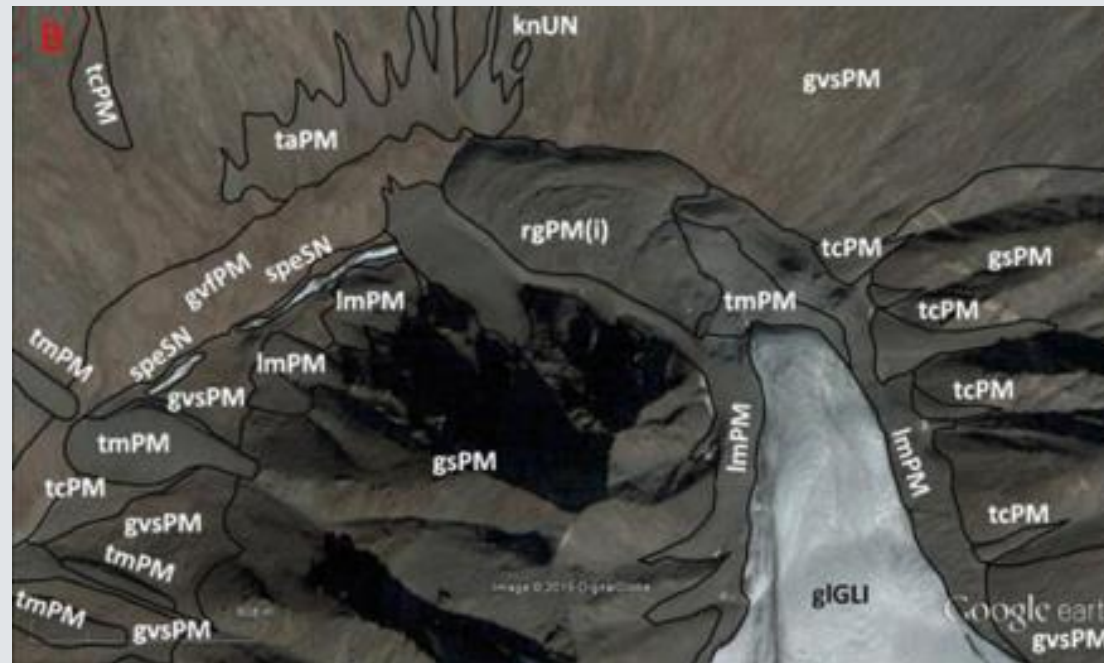
Potential Site for Analog mission - Hunder

- It has natural hot springs filled with microbial organisms adapted to reduced oxygen levels and atmospheric pressure.
- Salty lakes coexist with arid desert, making Ladakh in many ways possibly similar to ancient Mars.
- Data sourced by rovers points that liquid water and warmer temperatures were maybe present on the Martian surface.
- Under such extreme conditions, physical and mental fatigue sets in, aggravated by lower oxygen levels.
- The mission can bring to conclusion of individual productivity, health, and emotional well-being with group dynamics





Site-scale regolith-landform units mapped onto a ground-level photograph from Phyang glacier terminus, Ladakh



Regolith-landform map of the Phyang glacier in Ladakh on Google Earth base image



Wind eroded inter-dune sediments in Hunder



Inter-dune Pond, Hunder



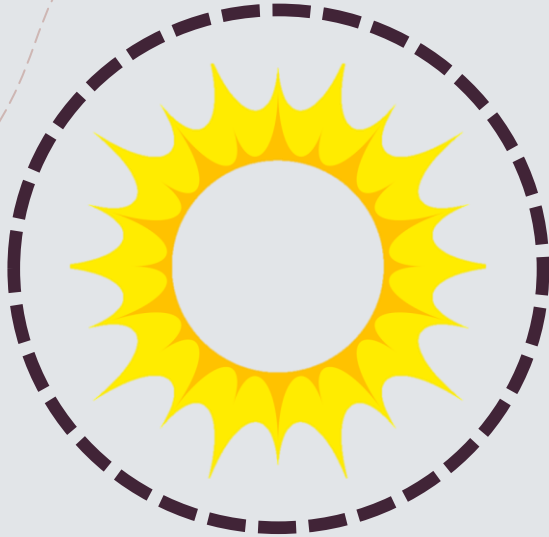
For comparison, a dune field inside Endurance crater on Mars



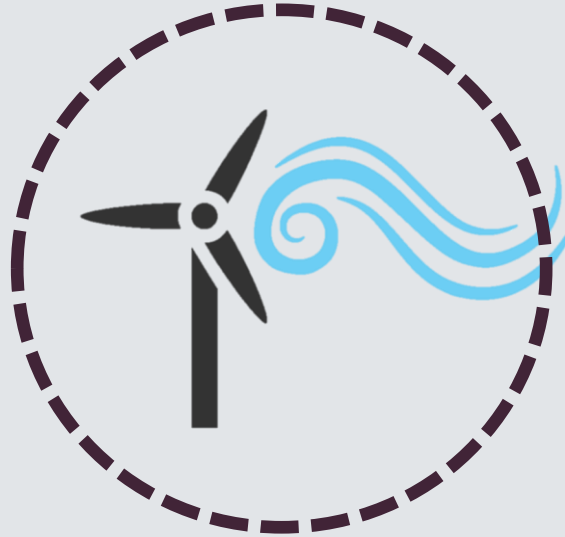
Stack inverted dune swale deposits

Potential Site for Base

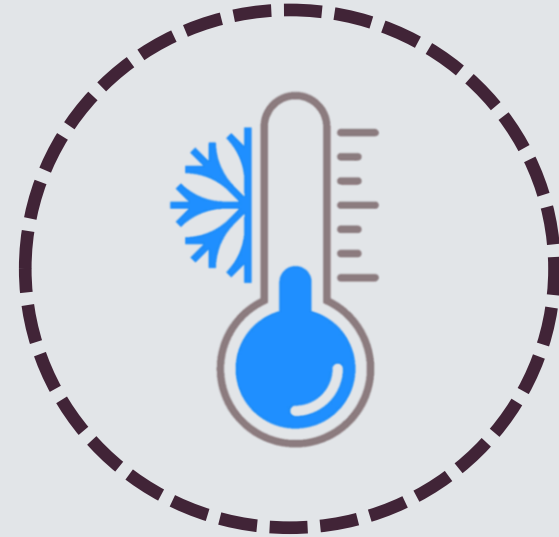




Summers are extreme & UV radiation is high due to high-altitude and clear sky



Wind speed is relatively intense throughout the year with 50% cloud coverage



Snowfall tends to be low, but temperature ranges from -14° C to 0° C

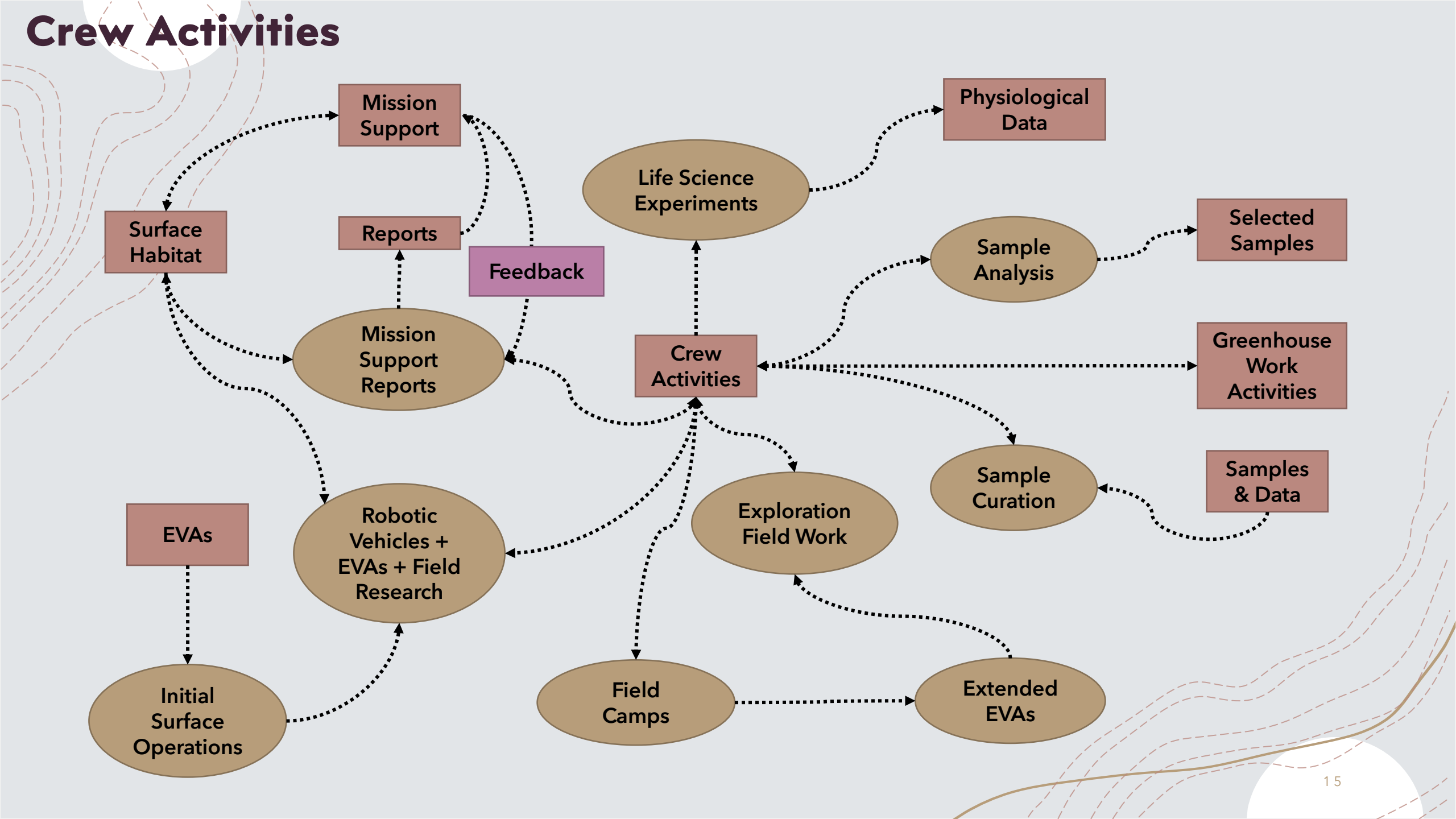
Habitation Research Assements

Aspects	Characteristics
Environmental constraints	Wind Storm Snow Radiation Dust
Human considerations	Psychology Physiology
Habitation systems	Internal subsystems External systems and Interfaces
Design trade studies	Environmental Human Subsystem
Application	Planetary surface Extreme environments

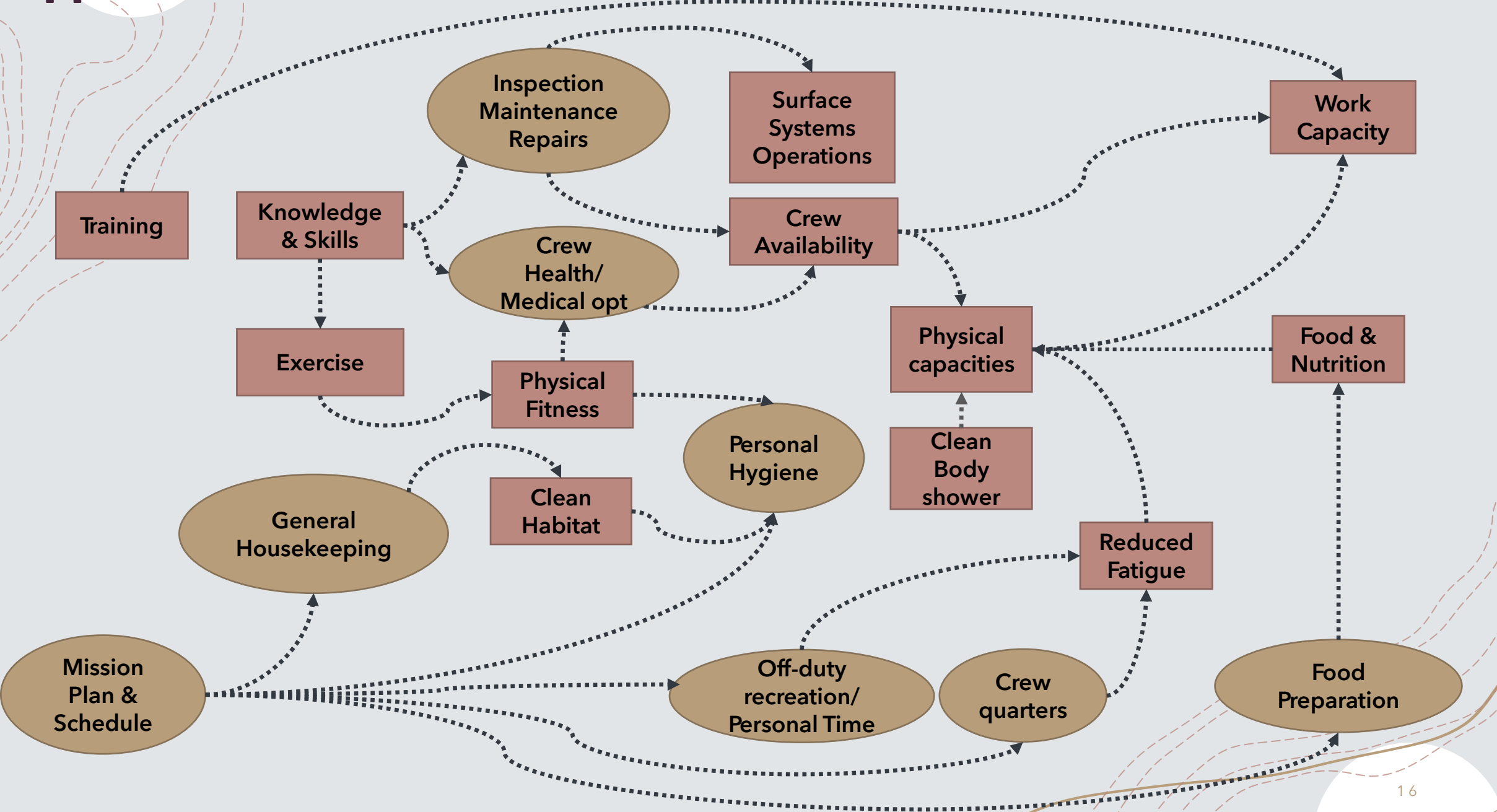
Crew Activities

```
graph TD; CH[Crew Activities] --> SH[Surface Habitat]; CH --> MS[Mission Support]; CH --> LSE([Life Science Experiments]); CH --> SA([Sample Analysis]); CH --> GWA[Greenhouse Work Activities]; CH --> SC([Sample Curation]); CH --> EFW([Exploration Field Work]); CH --> FC([Field Camps]); CH --> EEV([Extended EVAs]); SH --> MSR([Mission Support Reports]); MSR --> RVE[Robotic Vehicles + EVAs + Field Research]; MSR --> R[Reports]; R --> MS; RVE --> ISO([Initial Surface Operations]); ISO --> EVAs[EVAs]; EVAs --> RVE; LSE --> PD[Physiological Data]; SA --> SS[Selected Samples]; GWA --> SD[Samples & Data]; SD --> SC; SC --> CH; EFW --> FC; FC --> EEV; EEV --> CH; CH --> FB[Feedback]; FB --> MSR; FB --> MS;
```

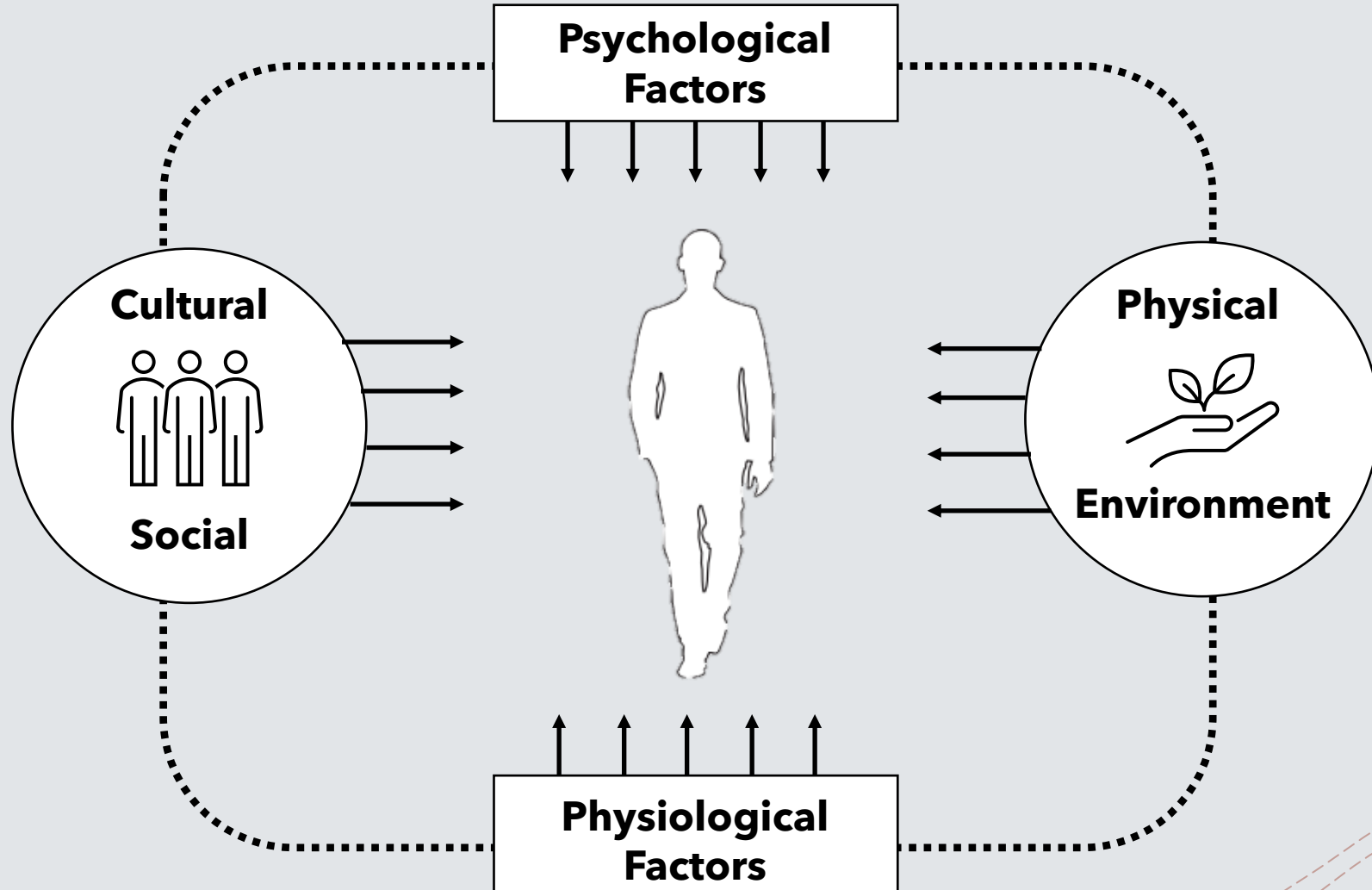
15



Support Activities



Behavior Architecture



Mission Requirements for Habitat Design

Geometry

- Required Volume
- Hatches/ Entry-Exit
- Transition Paths

Habitat Functions

- Life Support
- Food
- Sleep
- Exercise
- Waste & Hygiene
- Thermal

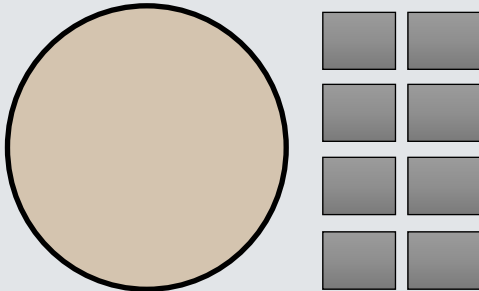
Mission Functions

- Communication Delay
- Command & Data Handling
- Science
- Power

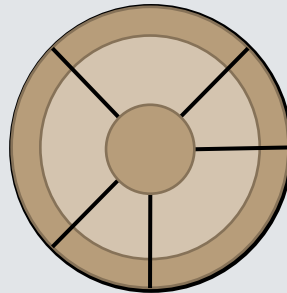


Layout Generation & Evaluation

Physical Hardware

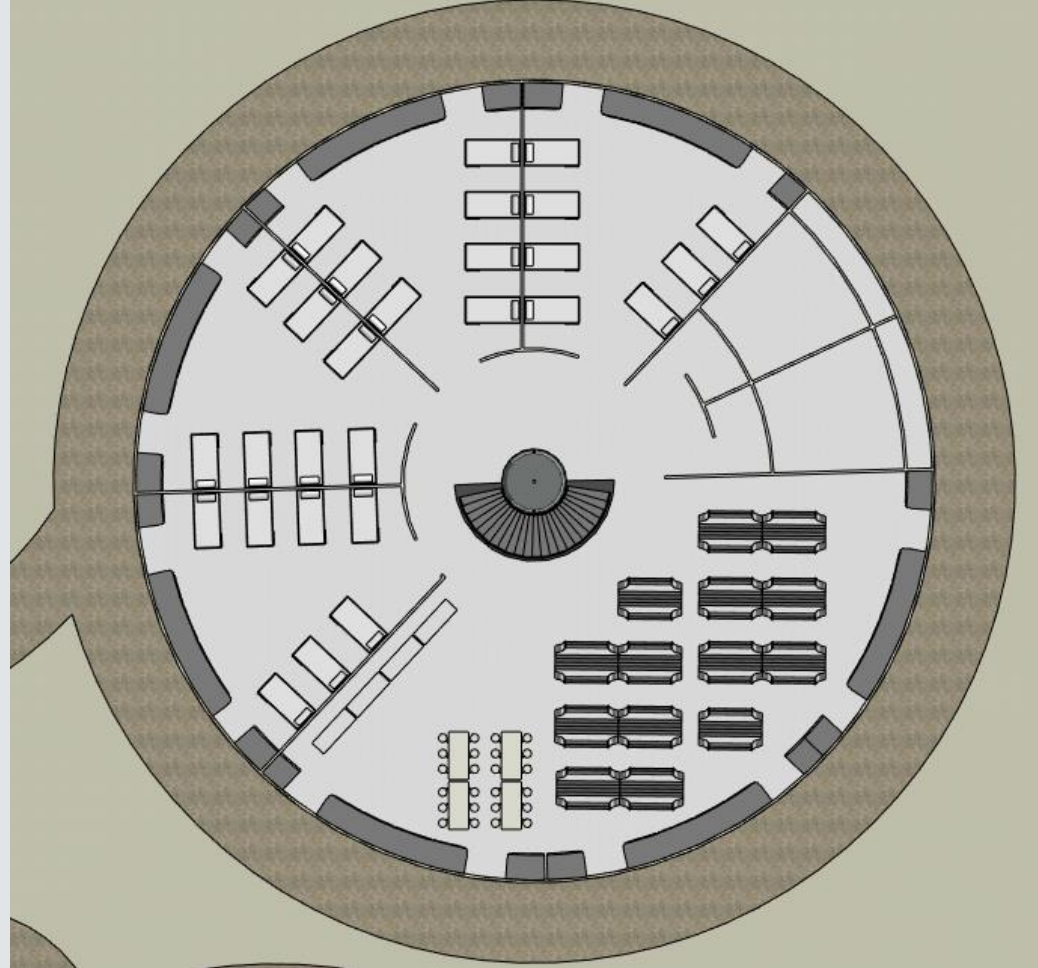
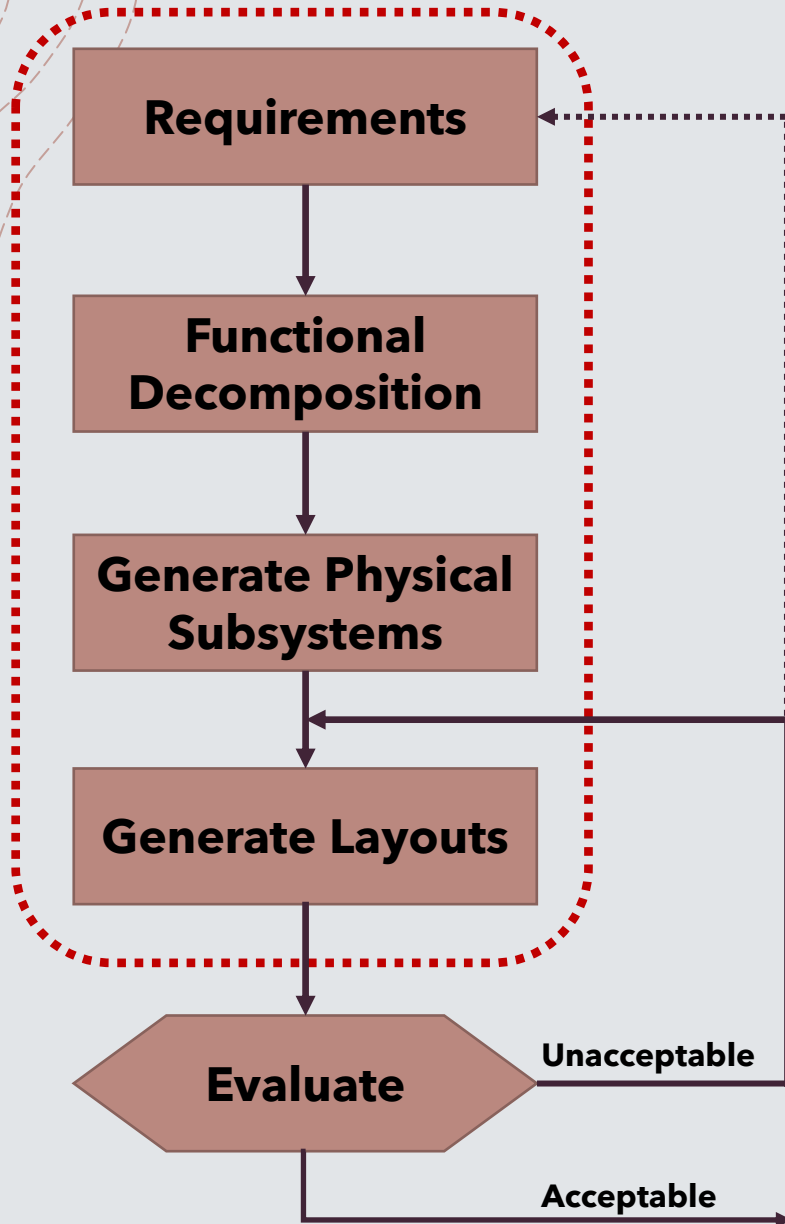


Layout



Is the layout
Satisfactory?

Interior Layouts Generation Process



Crew Activity Schedule



Exercise

- Physical Exercise General
- Physical Exercise Treadmill
- Physical Exercise Ergonomic



Maintenance

- Testing
- Utility Check
- Inspection
- Inventory
- Stowage
- Sample Analysis



Preparation

- Conference
- Planning
- Food Preparation
- Data Preparation
- Work Preparation
- Sample Preparation



Experimentation

- Research
- Photography



Food

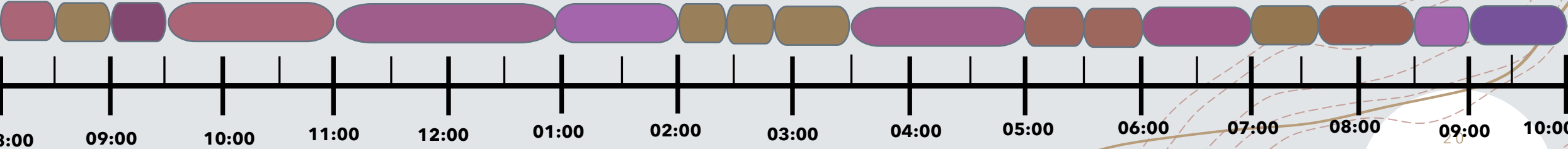
- Breakfast
- Lunch
- Dinner



Sleep

- Pre Sleep
- Sleep
- Post Sleep

Crew Schedule for Researchers, Scientists



Activity Schedule



Exercise

Physical Exercise
General

Physical Exercise
Treadmill

Physical Exercise
Ergonomic



Maintenance

Testing

Utility Check

Inspection

Inventory

Stowage

Sample Analysis



Preparation

Conference

Planning

Food Preparation

Data Preparation

Work Preparation

Sample Preparation



Experimentation

Research

Photography



Food

Breakfast

Lunch

Dinner



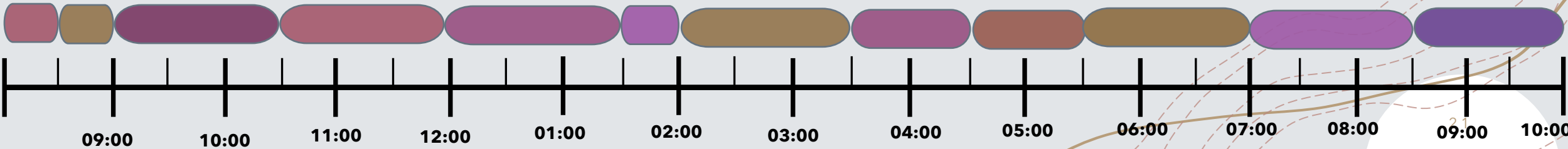
Sleep

Pre Sleep

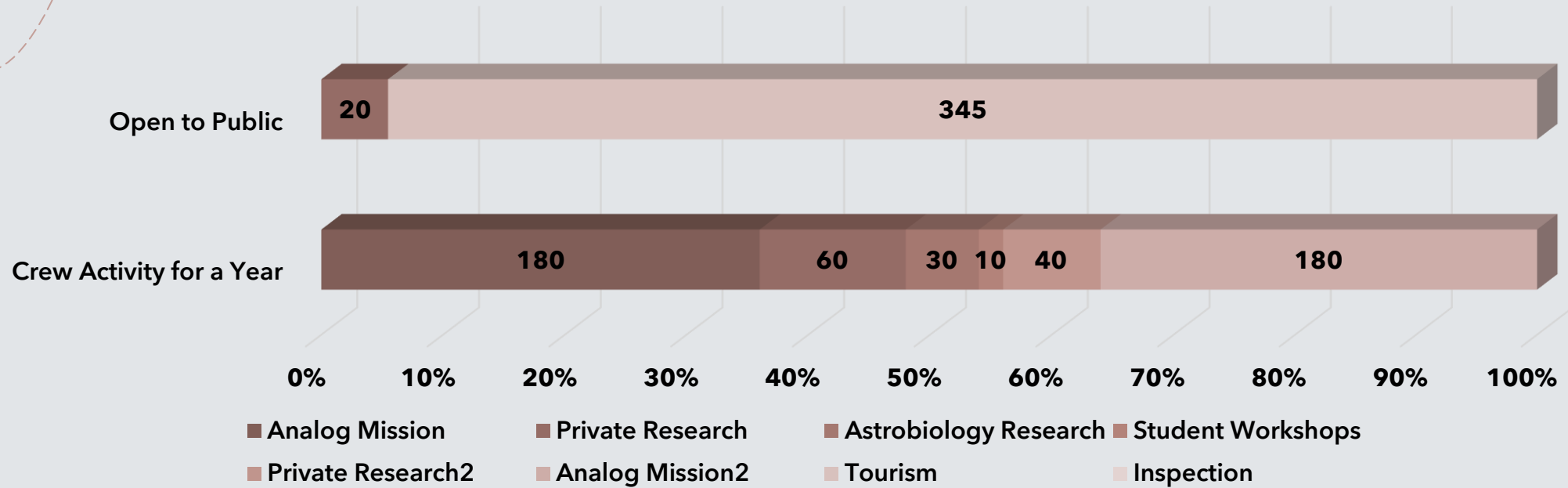
Sleep

Post Sleep

Schedule for Students



Human Activity over a year



New Technologies for Psychological Support in long duration missions



Favourite corner of the house
portrayed in VR environment
to feel at home

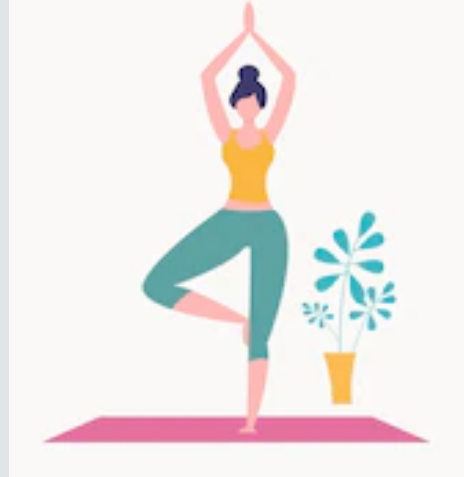


New Technologies for Psychological Support in long duration missions - Greenhouse

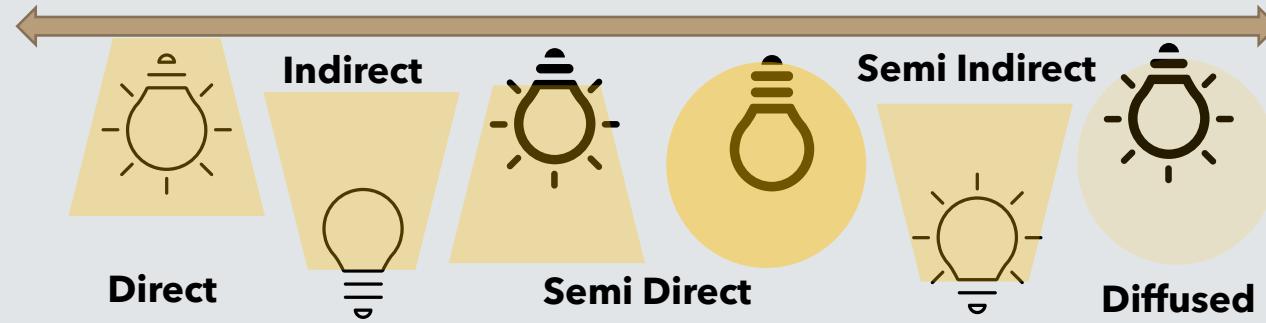
Closed life support system effective for psychological relaxation



New Technologies for Psychological Support in long duration missions – Personal Activities



New Technologies for Psychological Support in long duration missions – Light Play



Quick Dimming



Setting Schedules



Night/Day Light

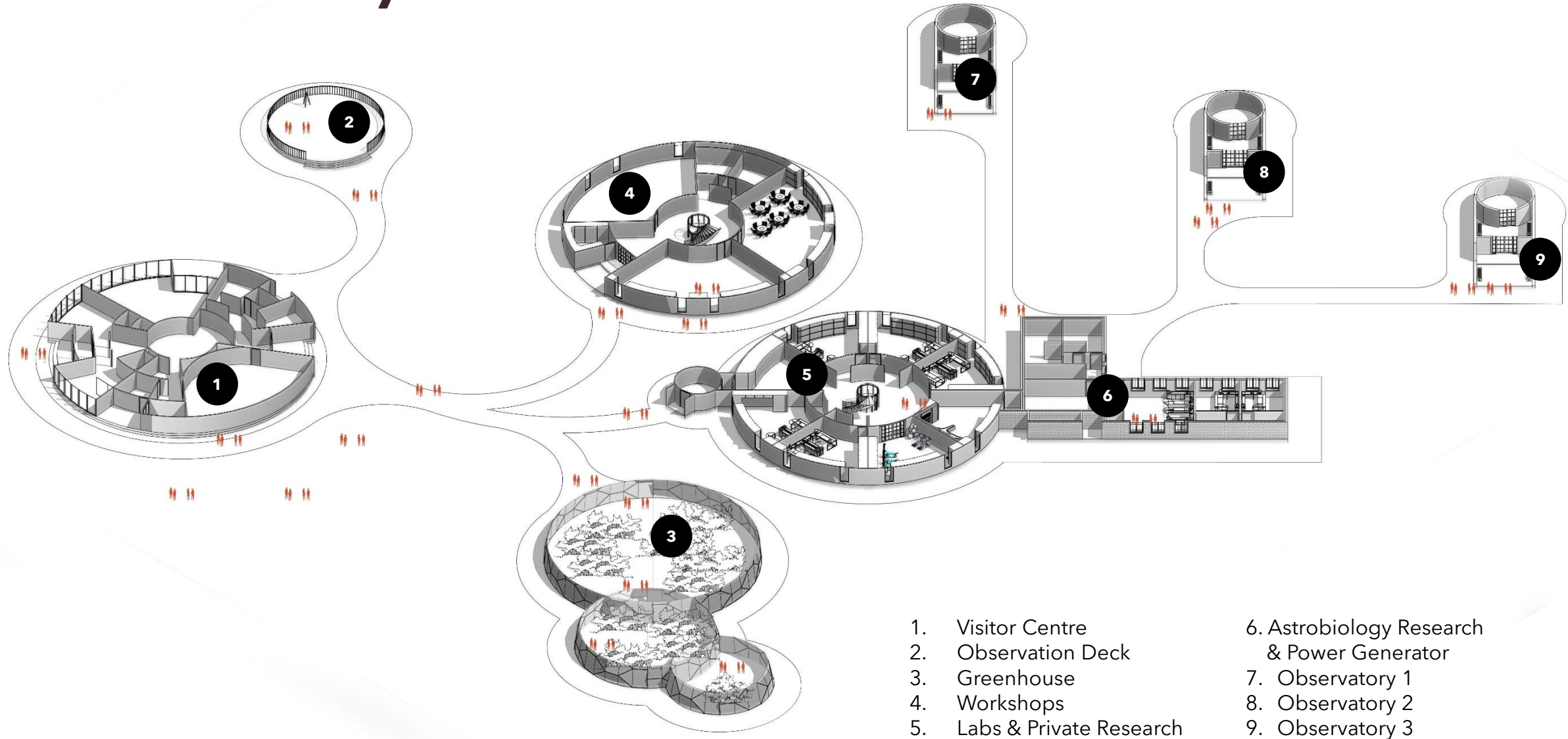


Control from Smart Phone

New Technologies for Psychological Support in long duration missions – Light Play

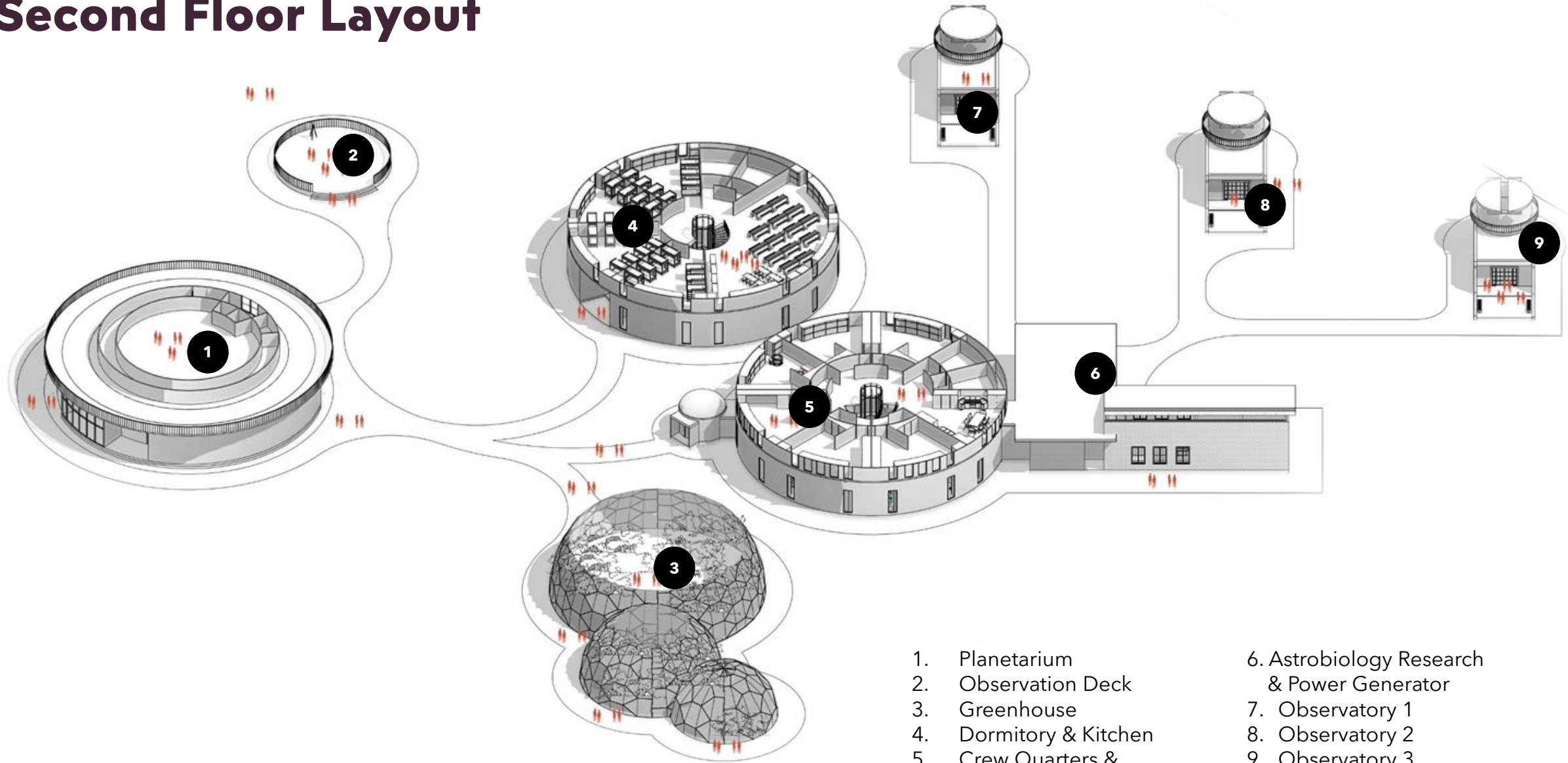


Ground Floor Layout



- | | |
|----------------------------|--|
| 1. Visitor Centre | 6. Astrobiology Research & Power Generator |
| 2. Observation Deck | 7. Observatory 1 |
| 3. Greenhouse | 8. Observatory 2 |
| 4. Workshops | 9. Observatory 3 |
| 5. Labs & Private Research | |

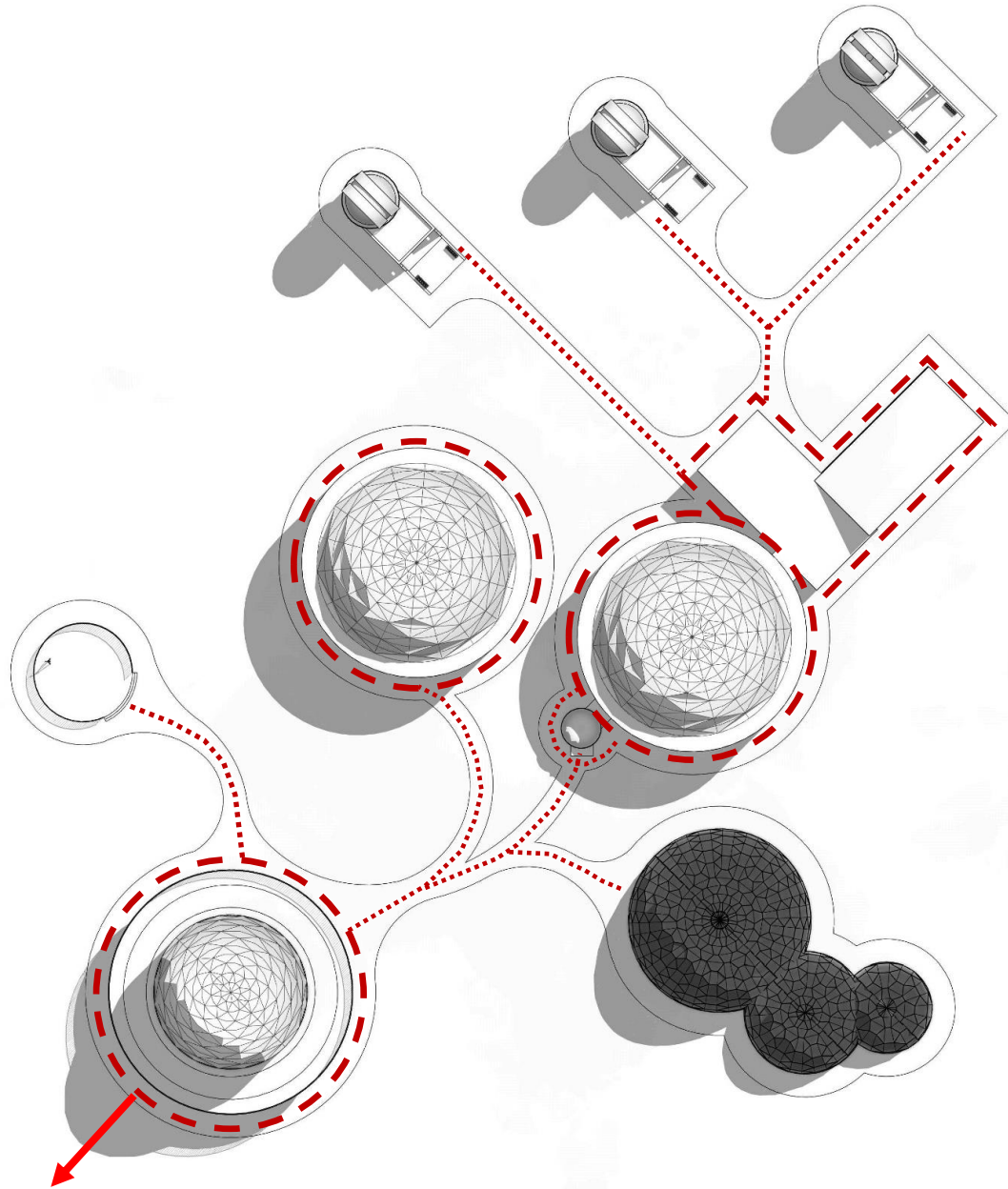
Second Floor Layout



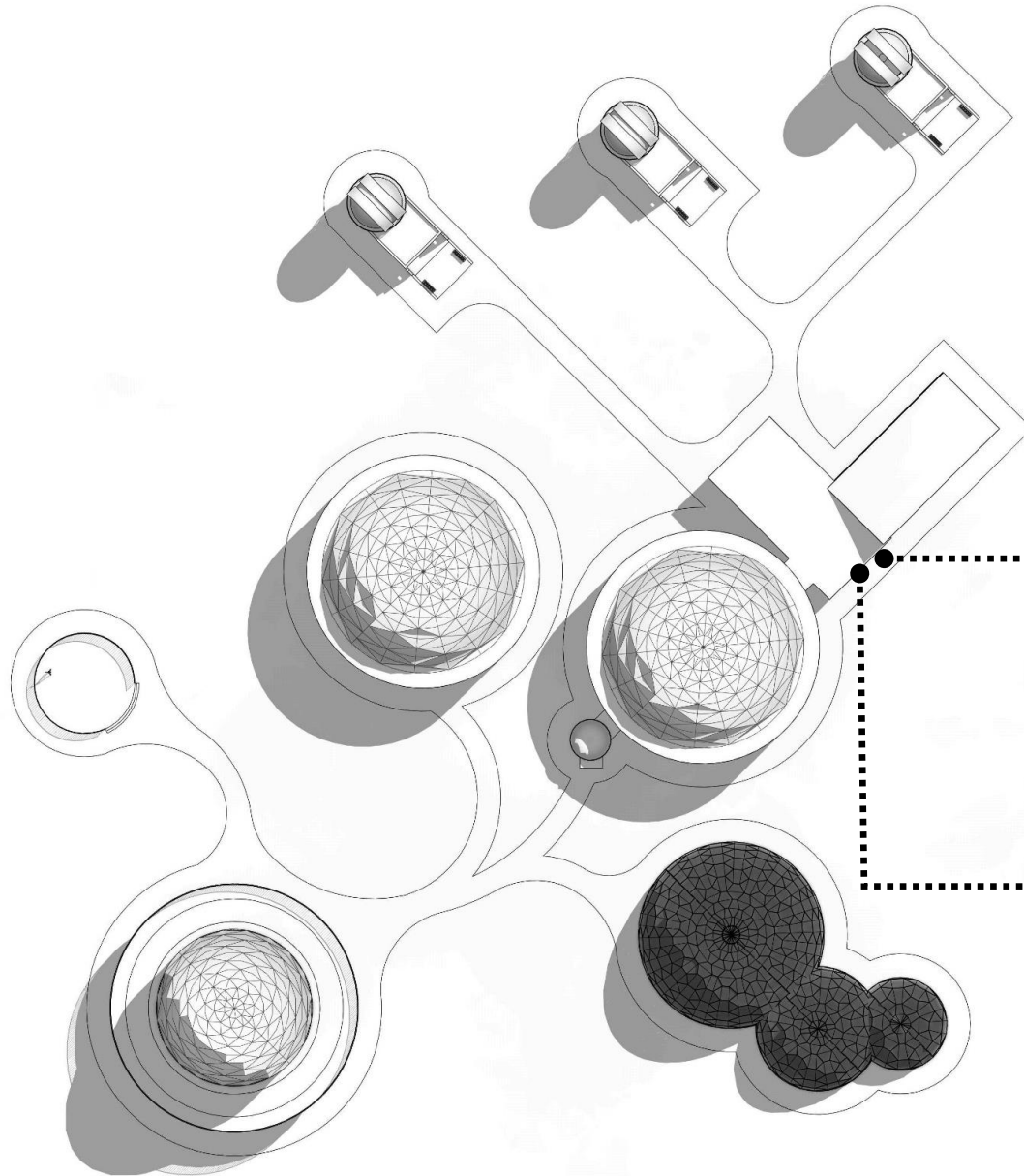
- 1. Planetary
- 2. Observation Deck
- 3. Greenhouse
- 4. Dormitory & Kitchen
- 5. Crew Quarters & Workstation

- 6. Astrobiology Research & Power Generator
- 7. Observatory 1
- 8. Observatory 2
- 9. Observatory 3

Schematic Layout – Emergency Exits



Schematic Layout



Solar Power Required :

$6200 \text{ sq.m} \times 4.29 = 26,598 \text{ solar watts}$

If, 300-watt solar panels are to be used:

$26,598 \text{ watts} / 300 \text{ watts} = 88.66 \text{ (89) solar panels}$

However, all solar systems have losses of about 23%,
taking this into account, multiply by 1.4:

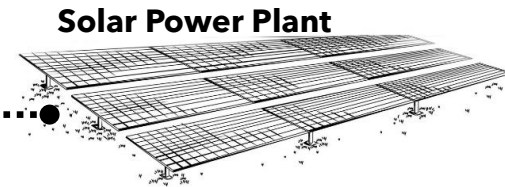
$26,598 \text{ watts} \times 1.4 = 37,237 \text{ watts}$

Using 300 watts solar panels, it would be:

$37,237 \text{ watts} / 300 \text{ watts} = 124.12 \text{ (125) solar panels}$



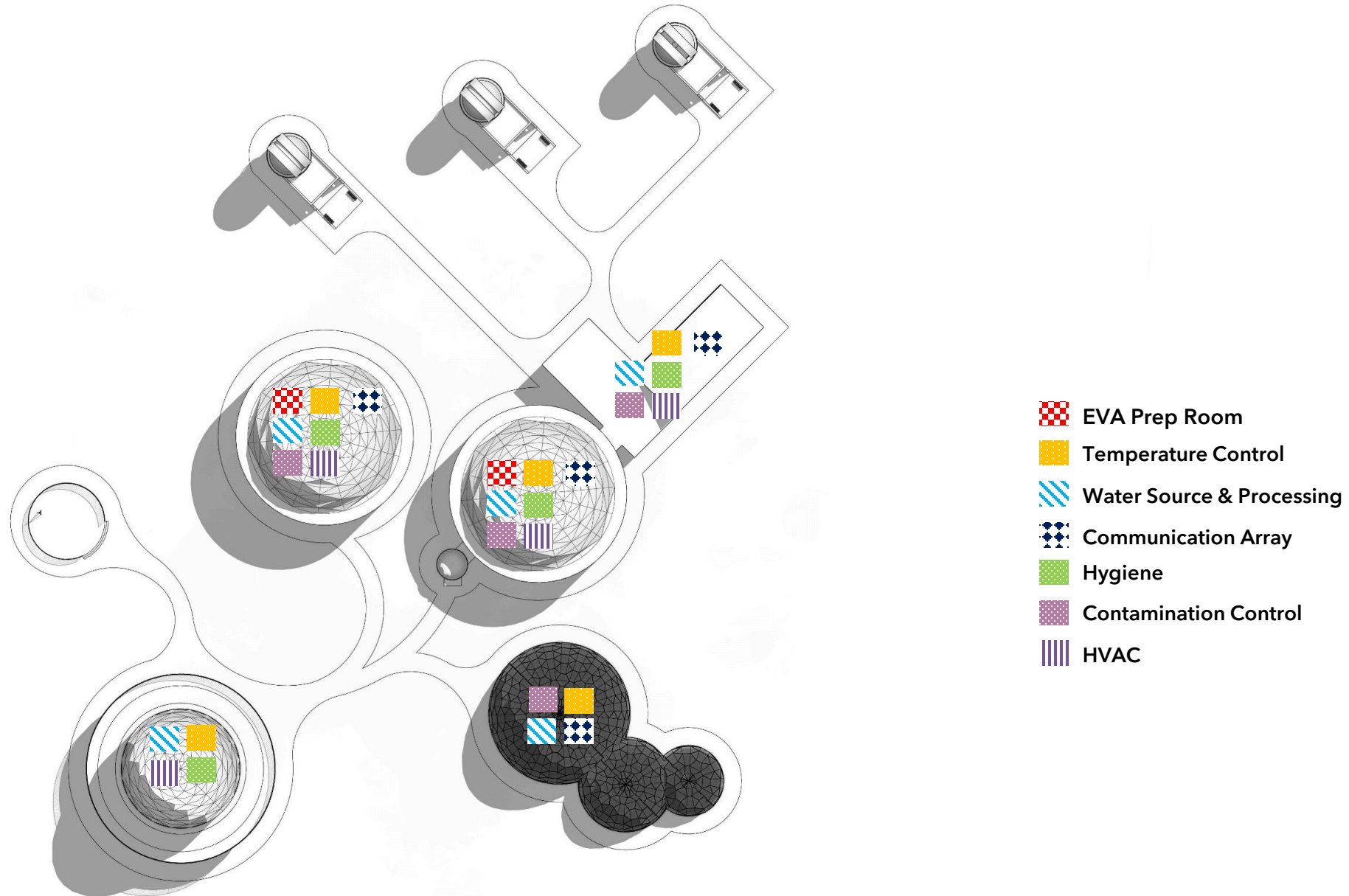
**Communication
Array**



Solar Power Plant

1 kWh solar rooftop generates 4.29 unit of electricity per day (considering 5.1 sunshine hours)

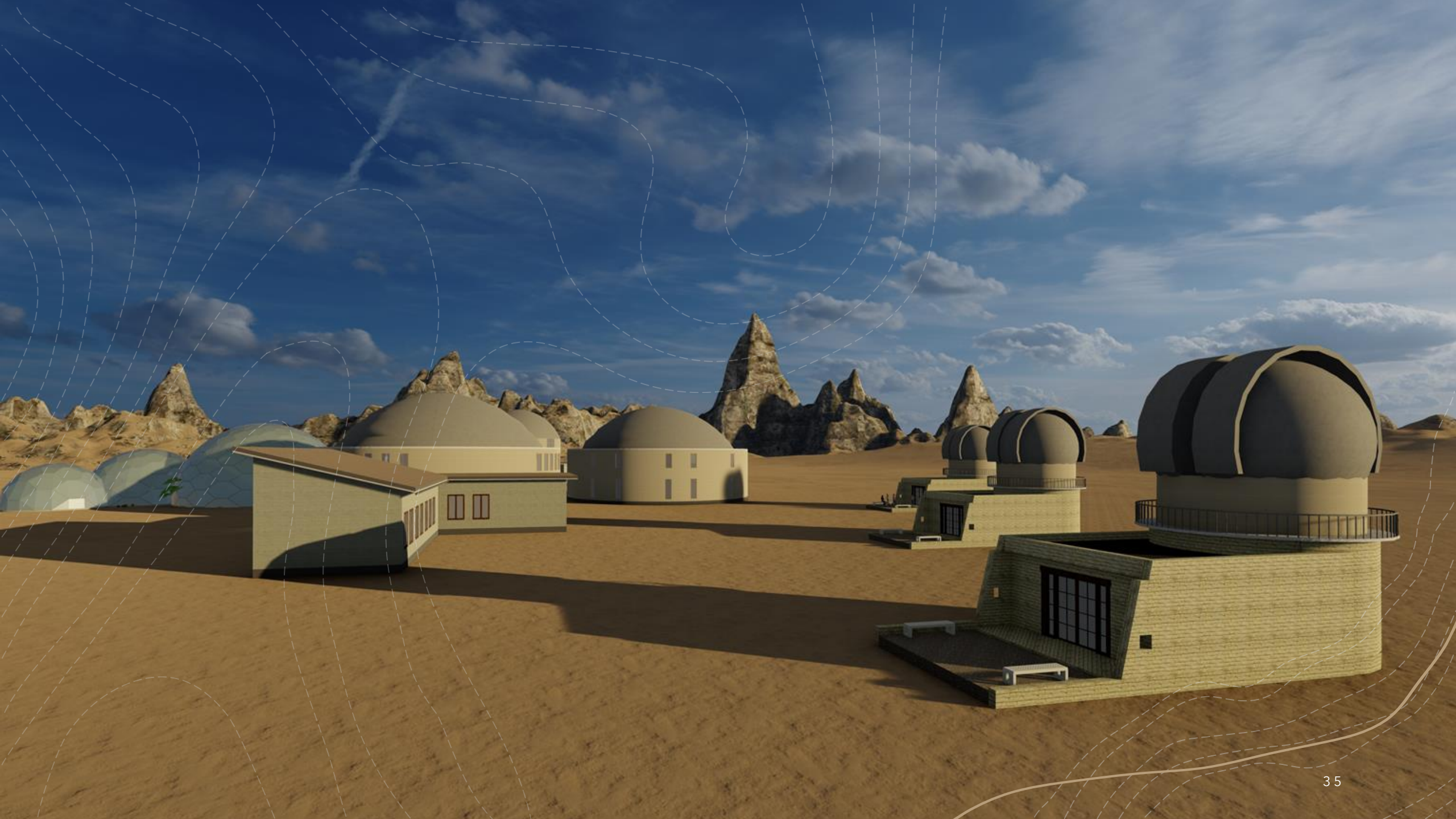
Schematic Layout – System Distribution

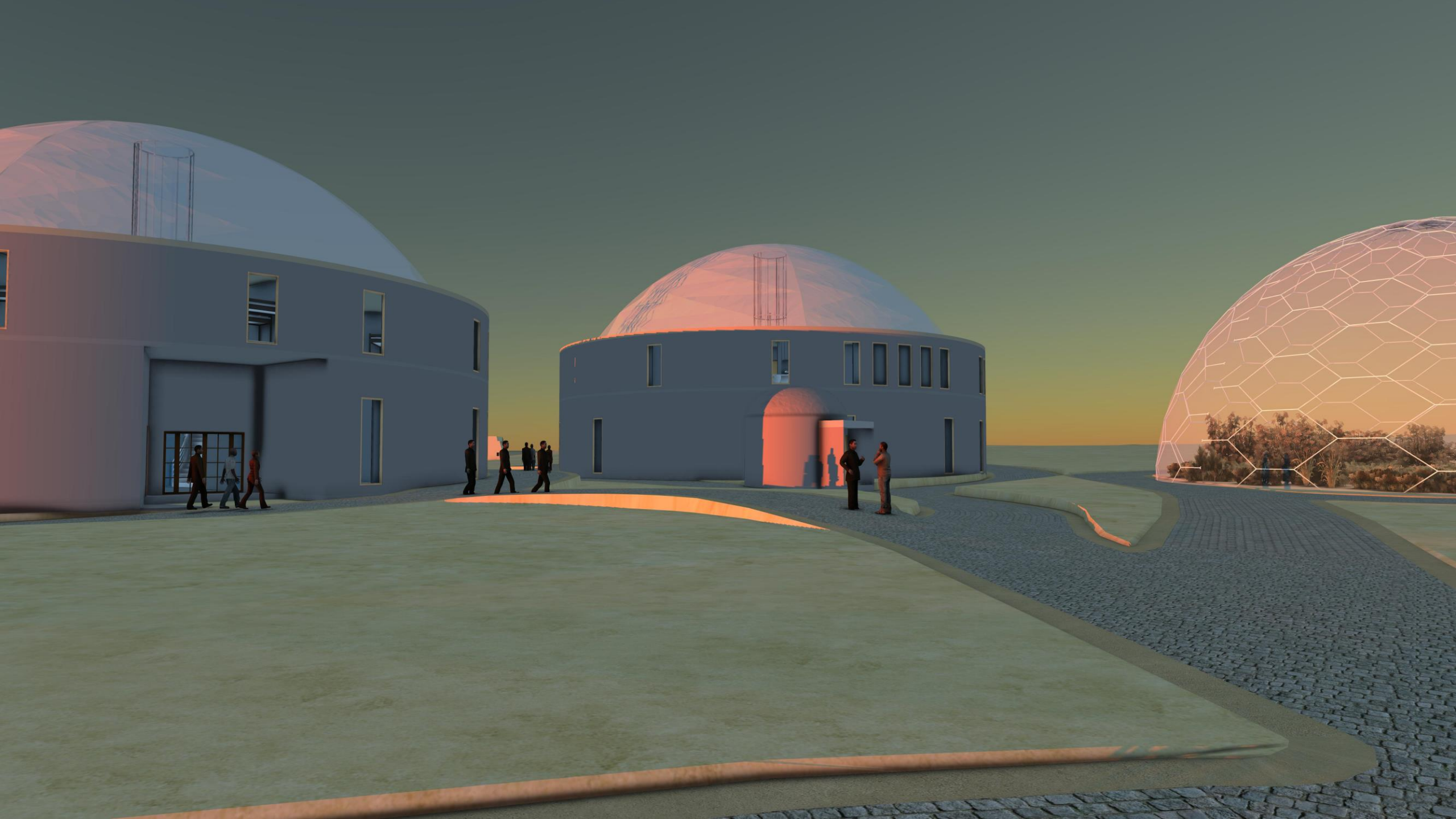


The background of the image is a dark, silhouetted landscape of a research station against a sunset sky. The sky transitions from a deep orange at the horizon to a dark grey at the top. Several large, dome-shaped structures are visible, including a prominent one in the center with a small vertical vent on its roof. To the right, another dome is partially visible, and further right, a curved walkway or balcony is seen. On the left, there are smaller, rounded structures. White dashed lines in the top left corner suggest smoke or steam rising from the station. In the bottom right corner, more white dashed lines suggest a path or terrain contours.

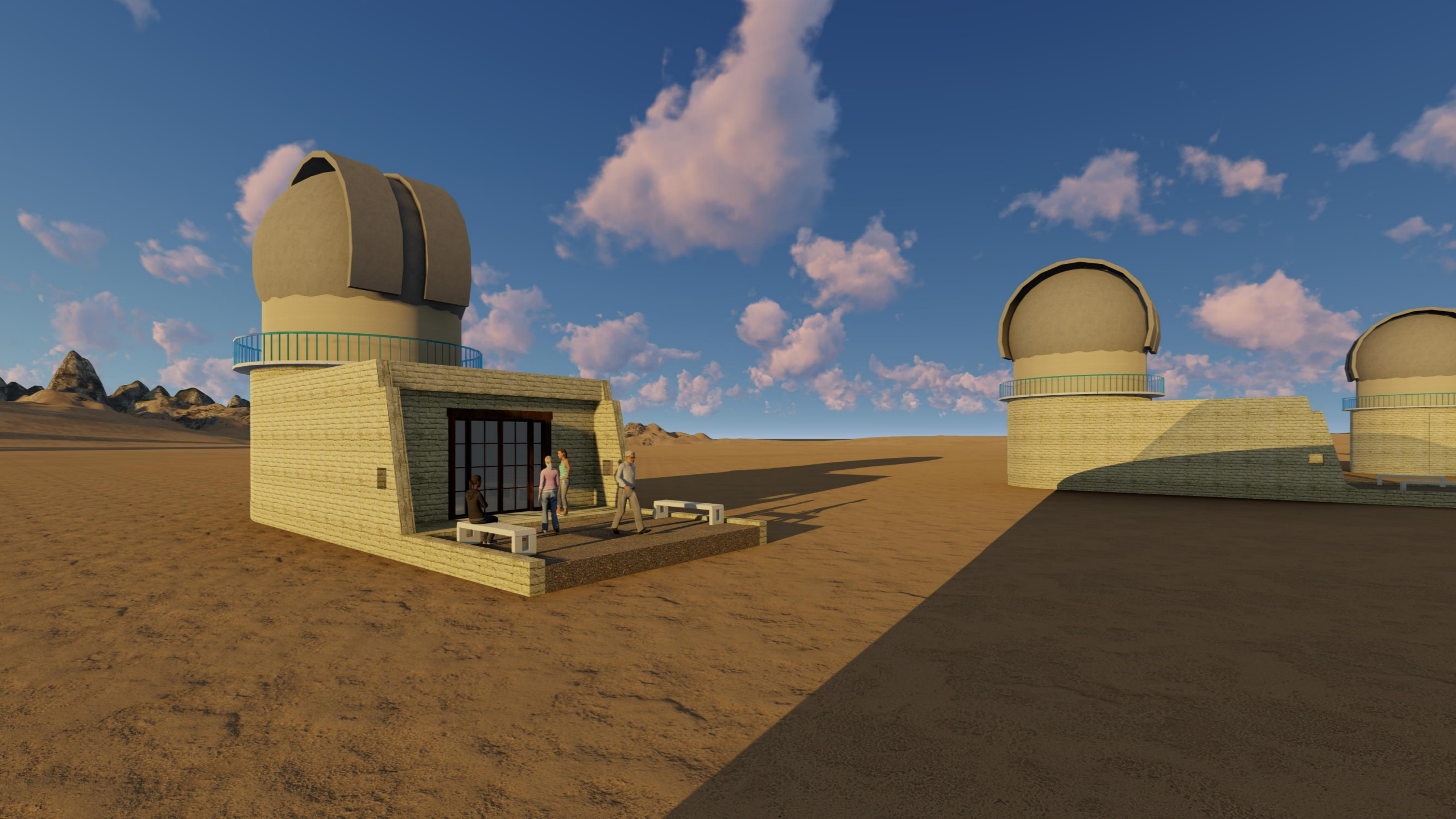
Analog Mission Research Station



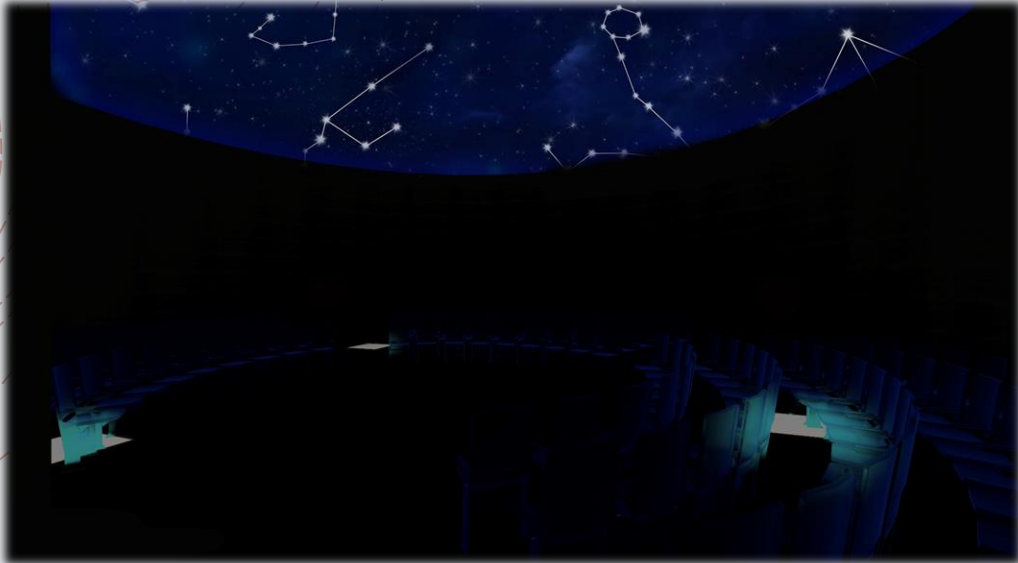






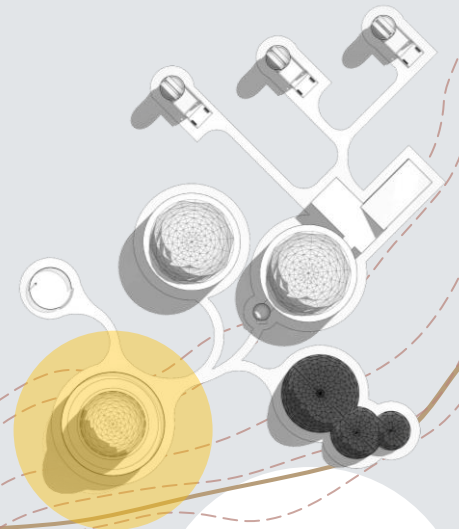


Visitor's Centre



Key Features:

1. Planetarium
2. Curiosity & Space Exploration

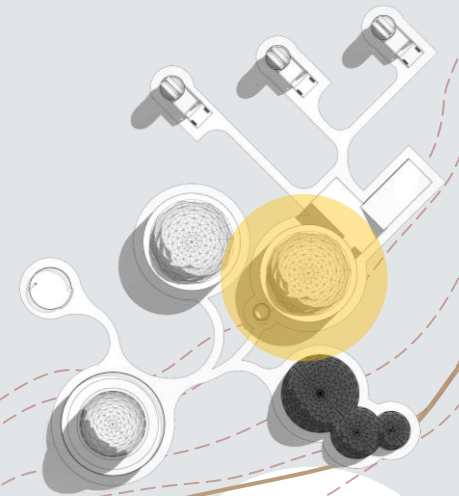


Crew Quarters & Common Areas



Key Features:

1. Common area - Open Library
2. Private Crew Individual Research Labs & Workstation

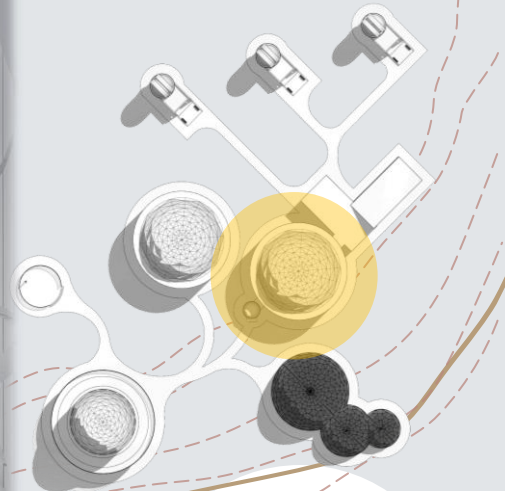


Crew Quarters & Common Areas



Key Features:

1. Common Areas - Kitchen, Gym
2. Private Crew Quarters & Personal Activity Space

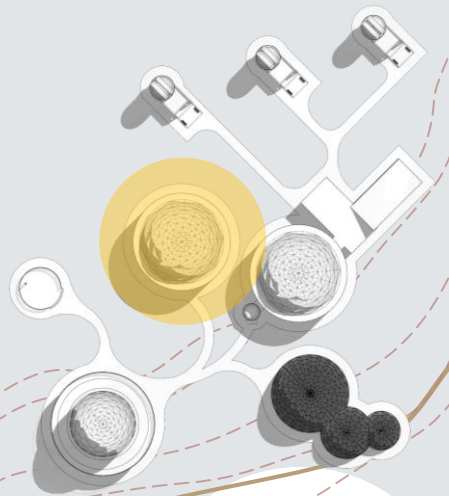


Workshops & Dormitory

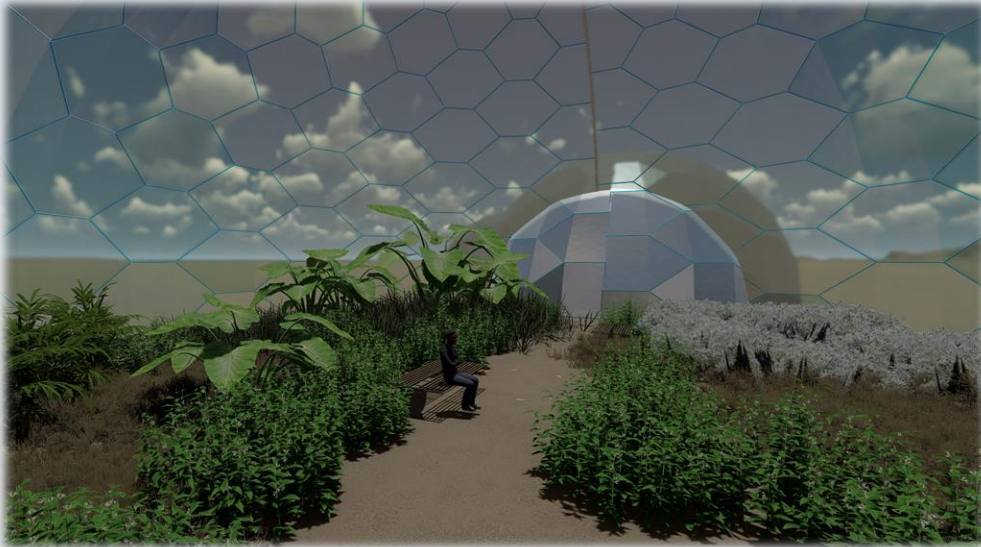
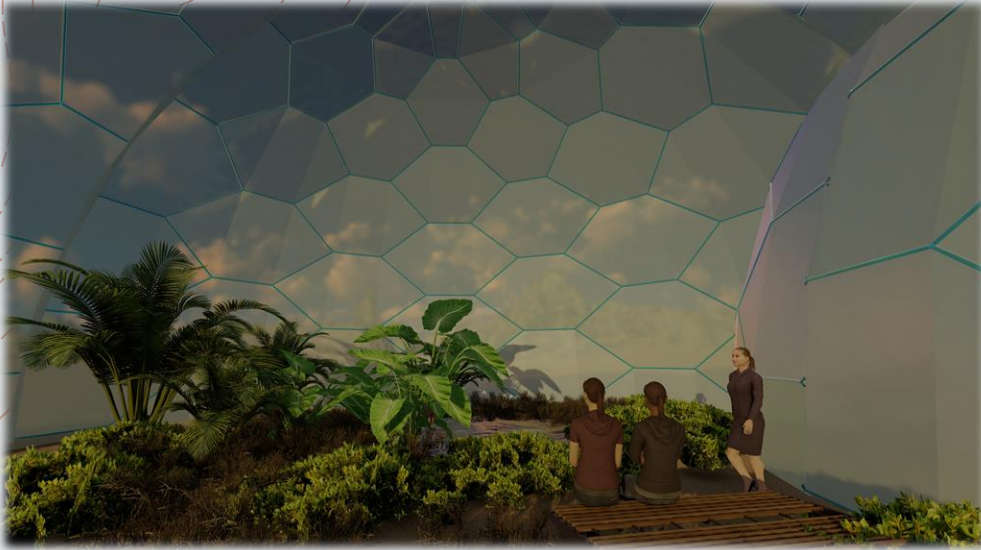


Key Features:

1. Workshop spaces for students
2. Dormitory

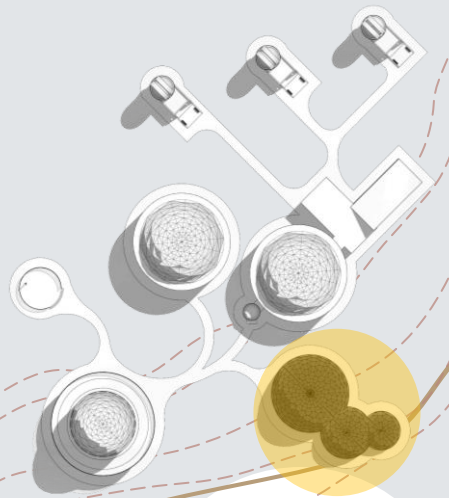


Greenhouse

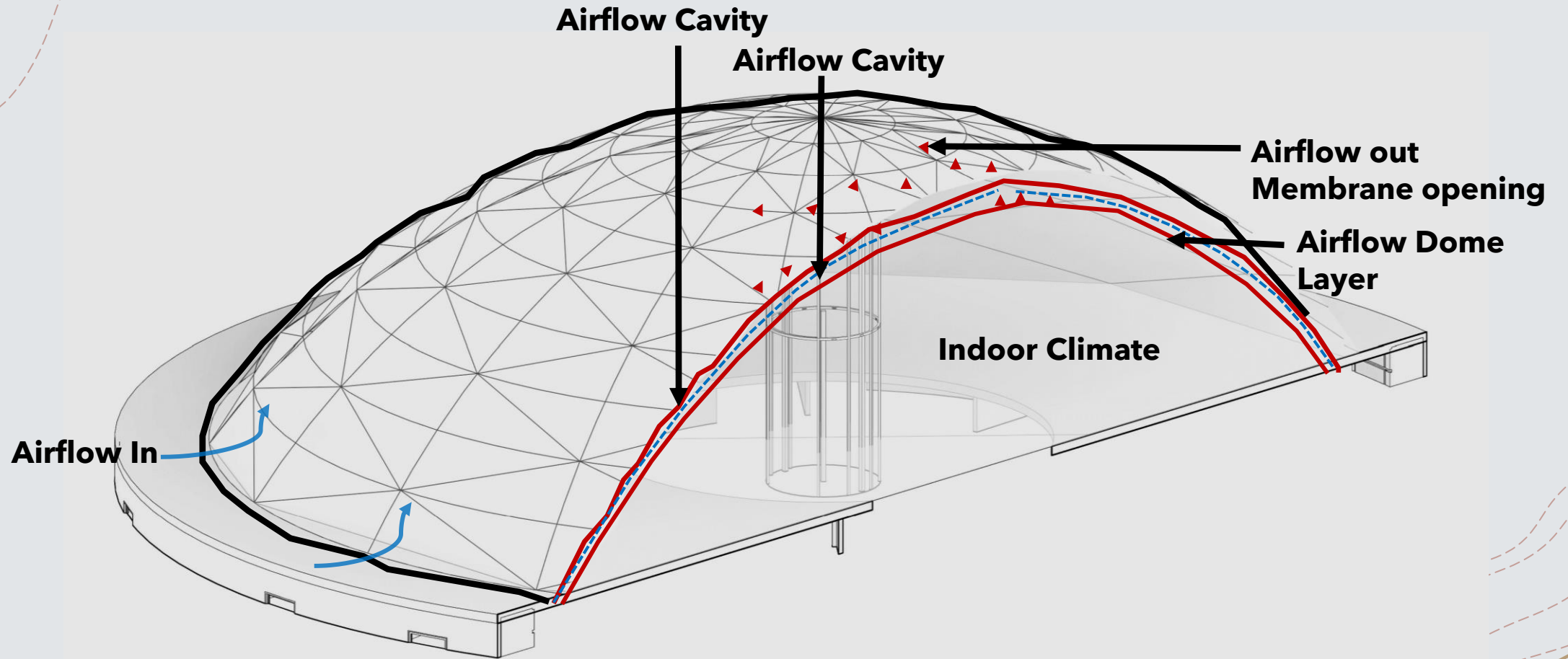


Key Features:

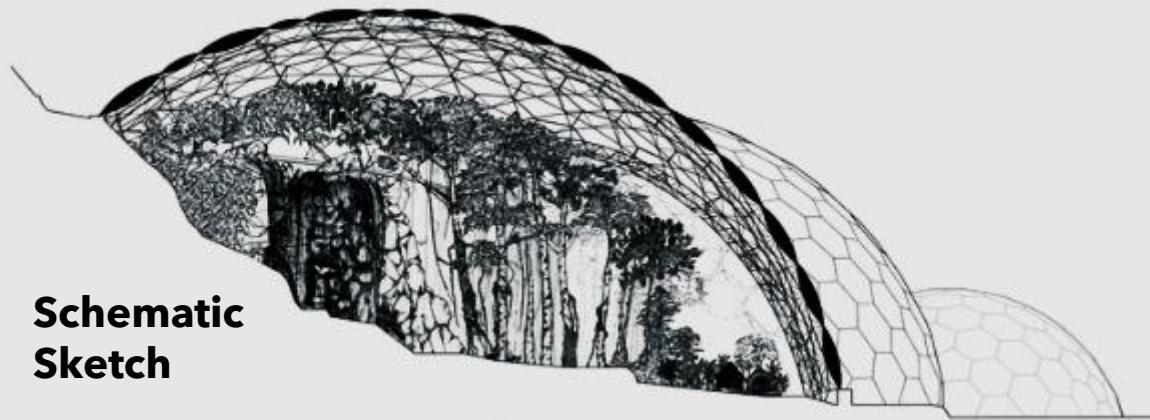
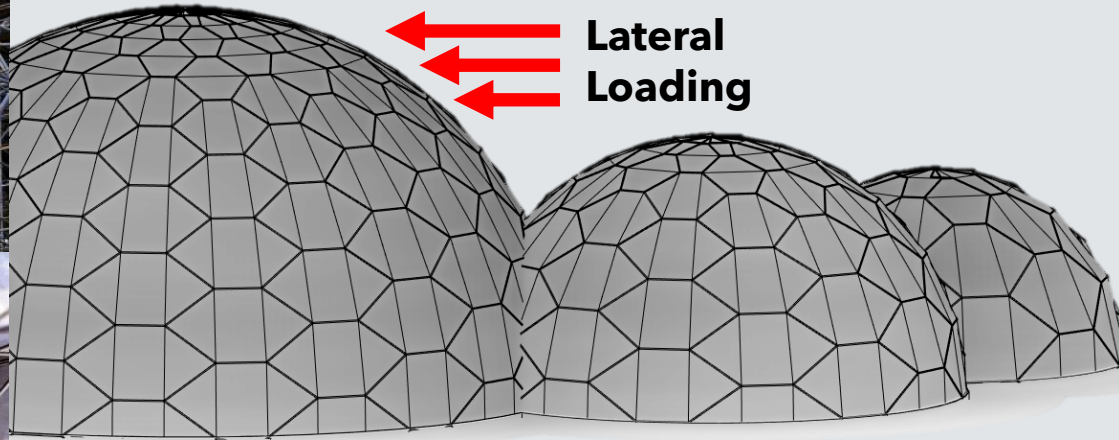
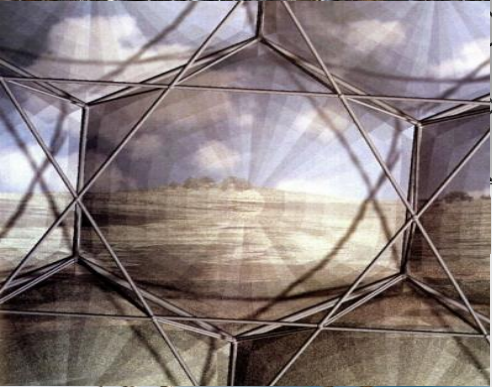
1. Psychologically helpful
2. Plant research



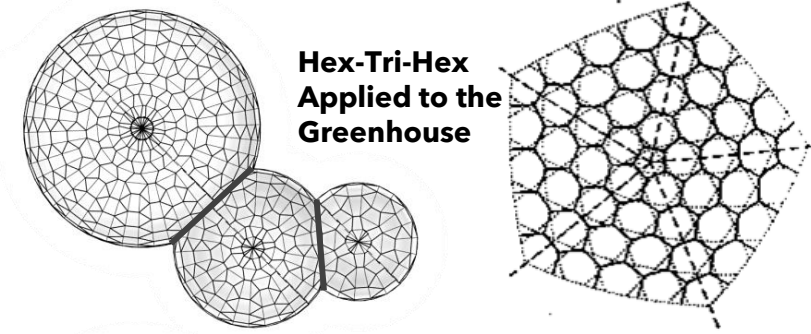
Functional Diagram for Inflatable Domes



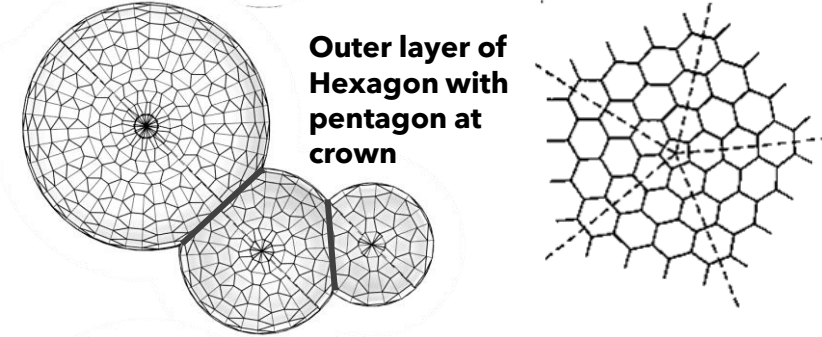
Structural Components - Greenhouse



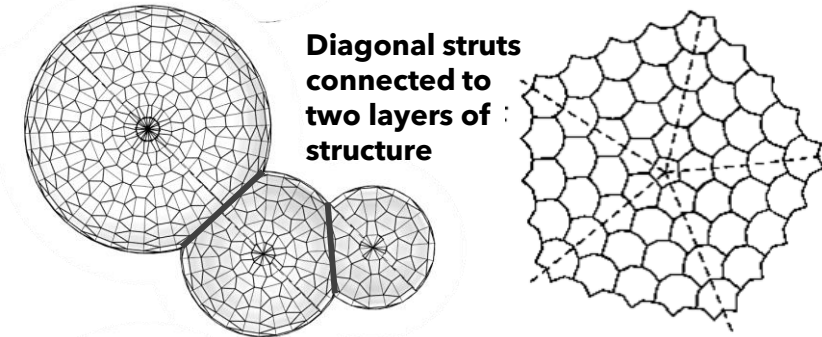
Schematic Sketch



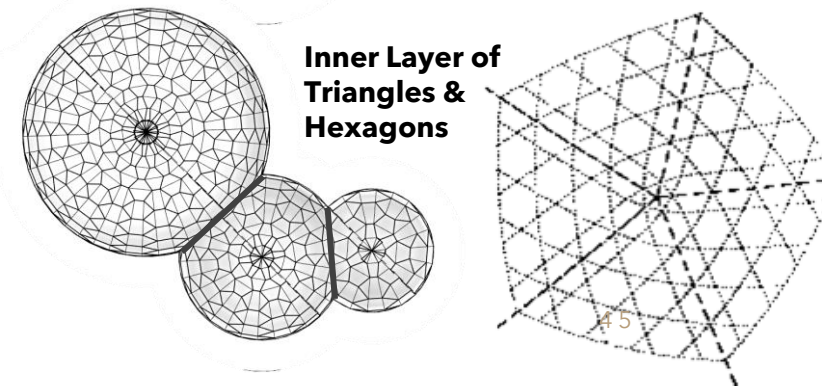
**Hex-Tri-Hex
Applied to the
Greenhouse**



**Outer layer of
Hexagon with
pentagon at
crown**

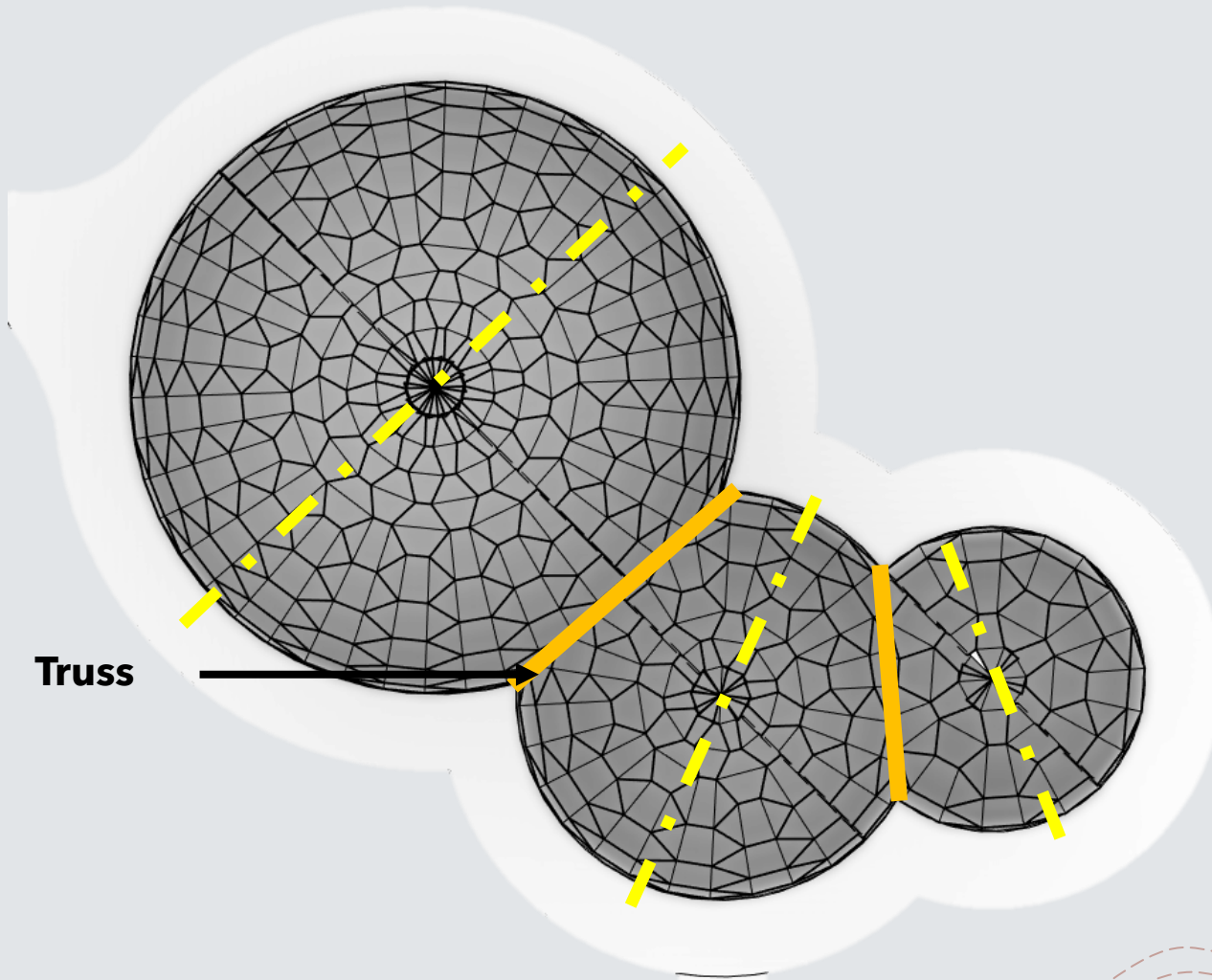
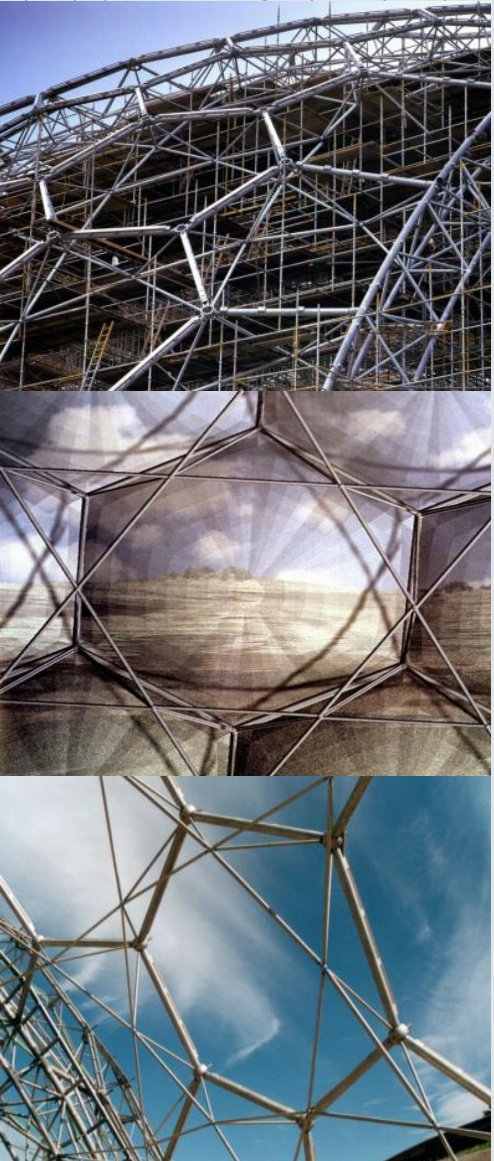


**Diagonal struts
connected to
two layers of
structure**

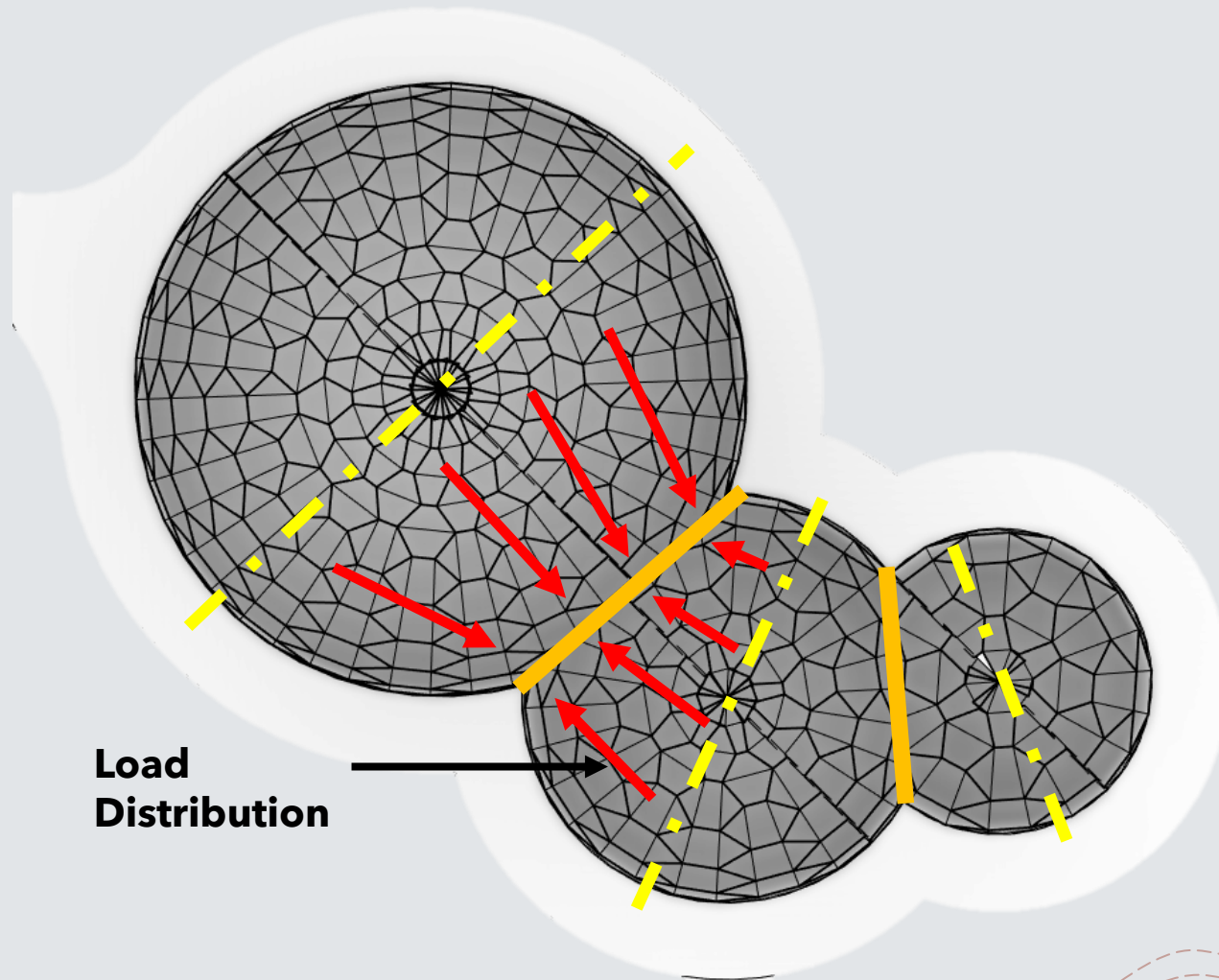
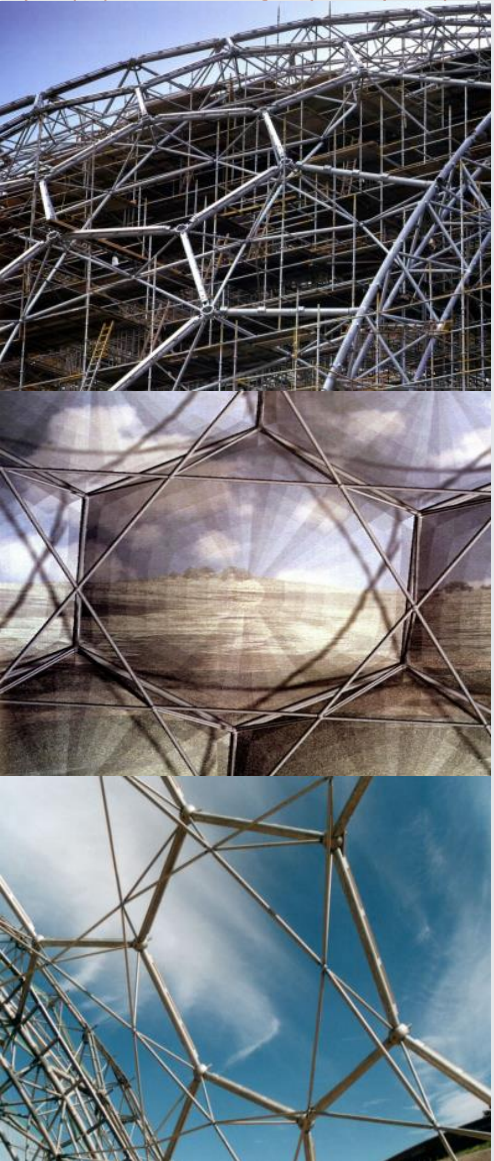


**Inner Layer of
Triangles &
Hexagons**

Structural Components

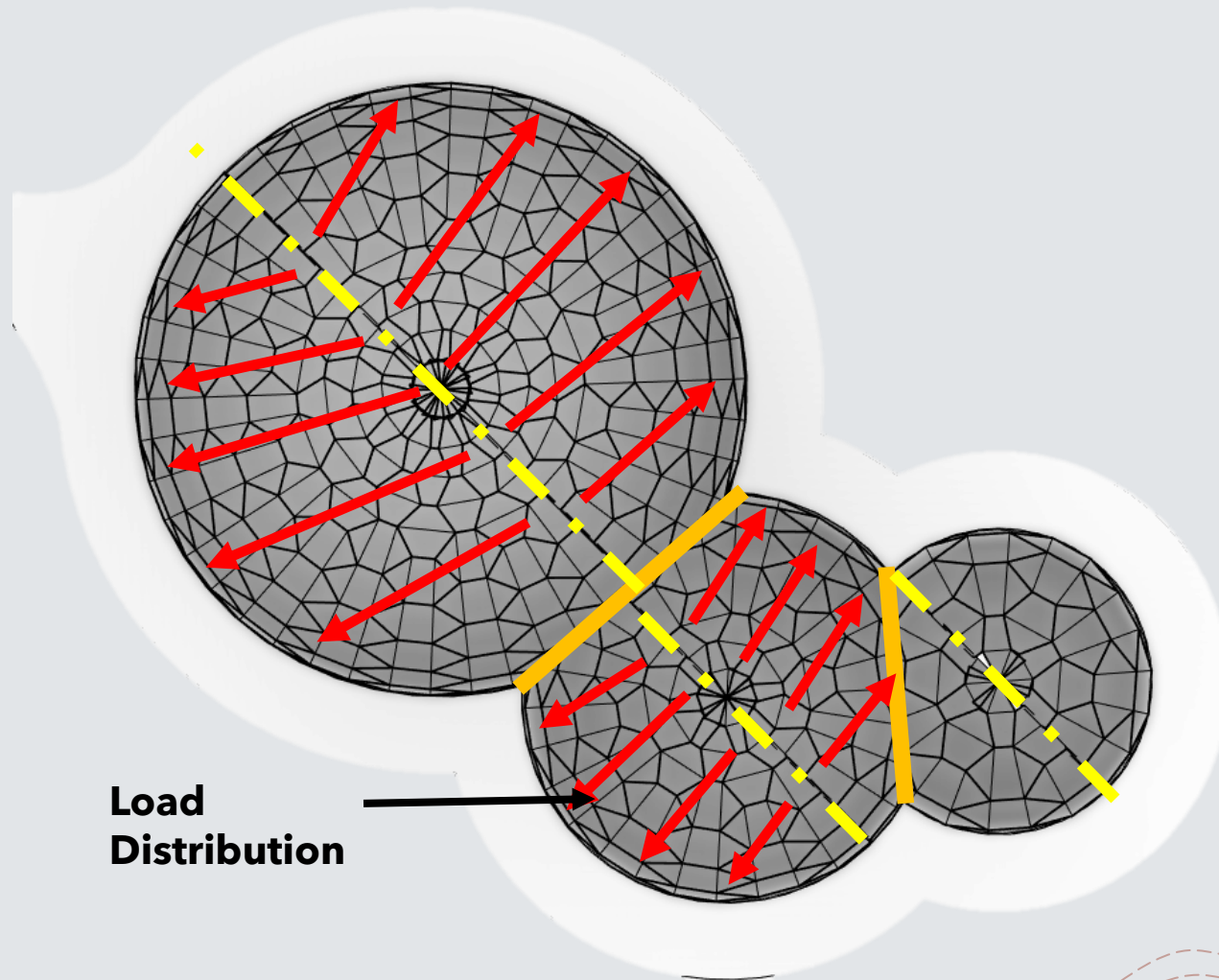
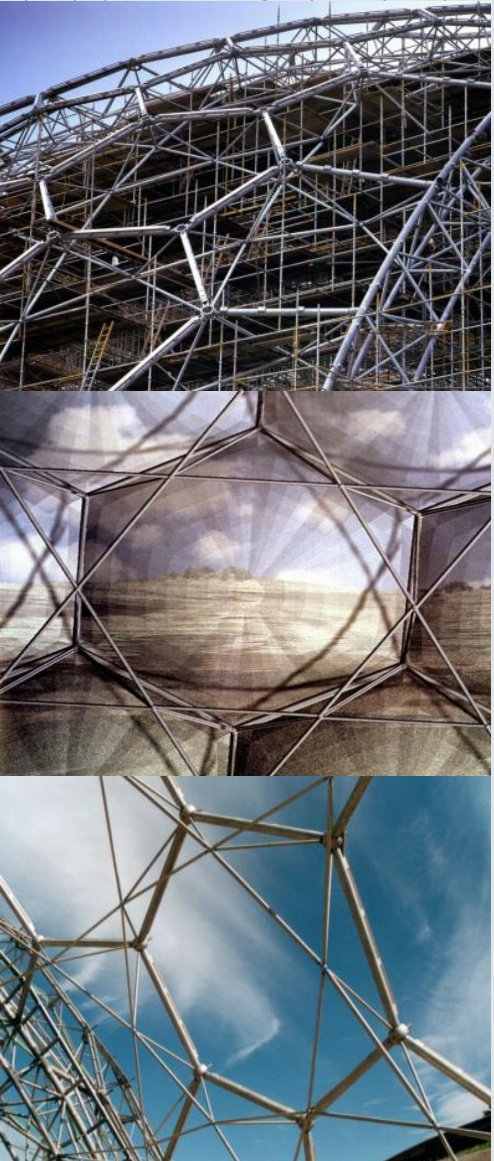


Structural Components

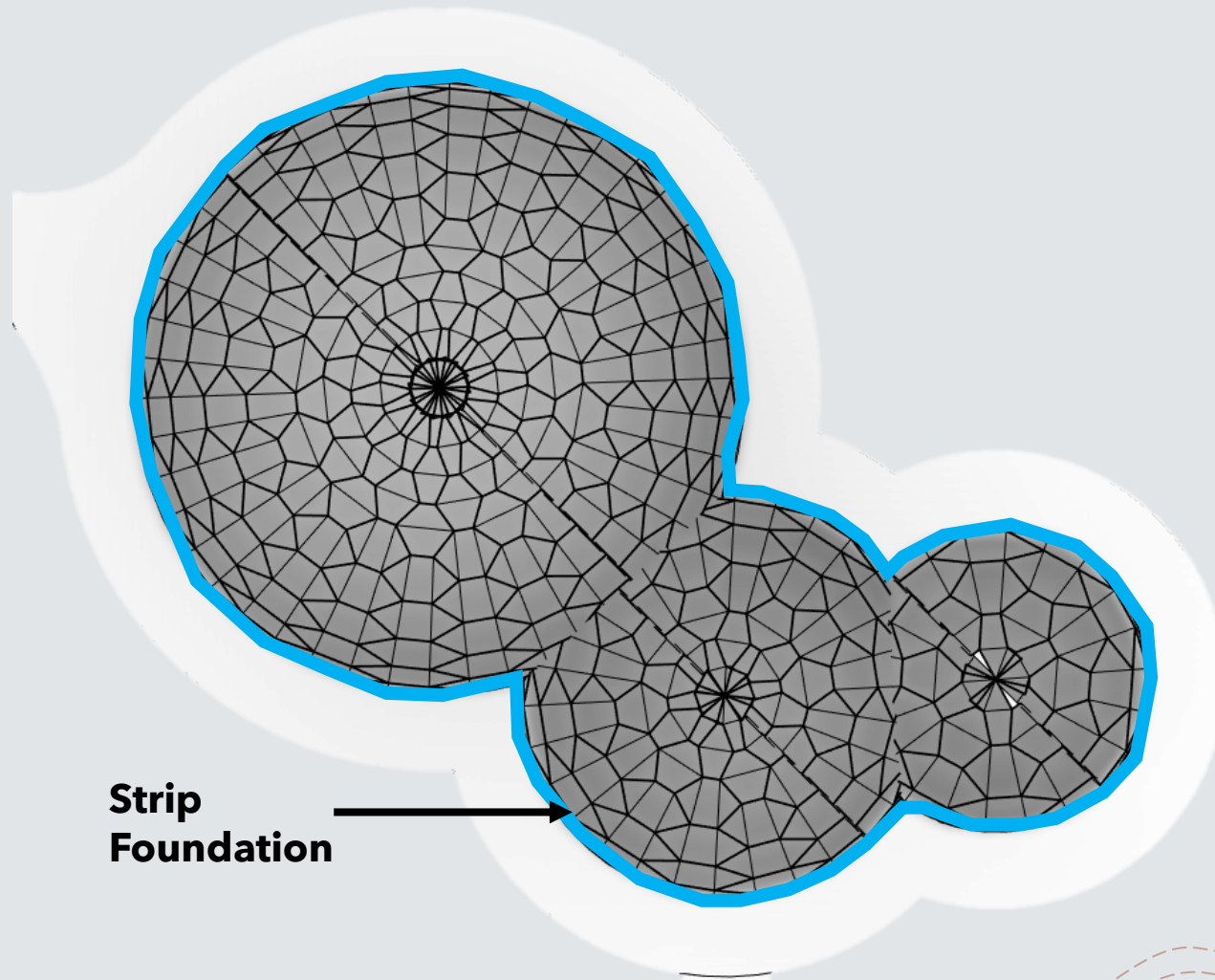
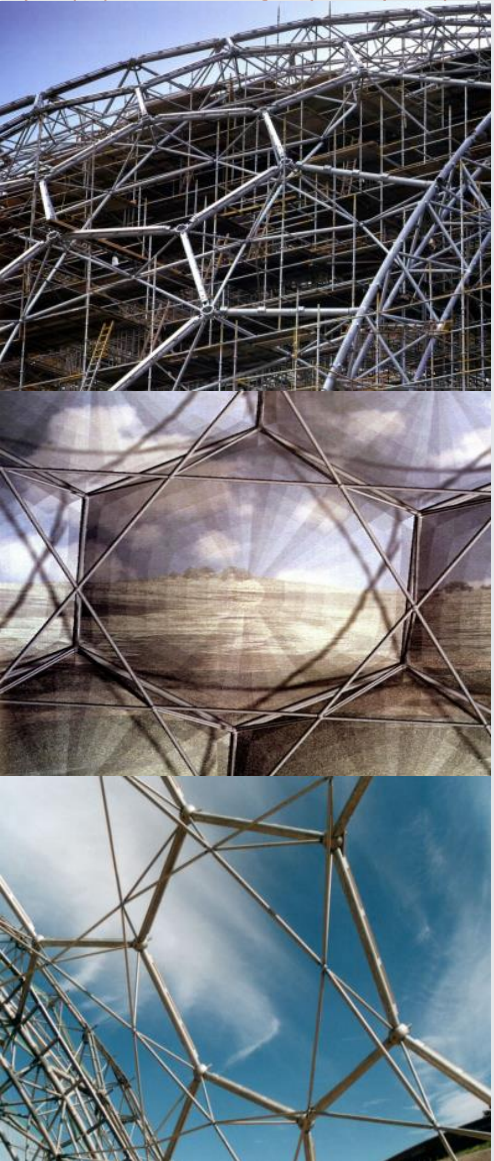


**Load
Distribution**

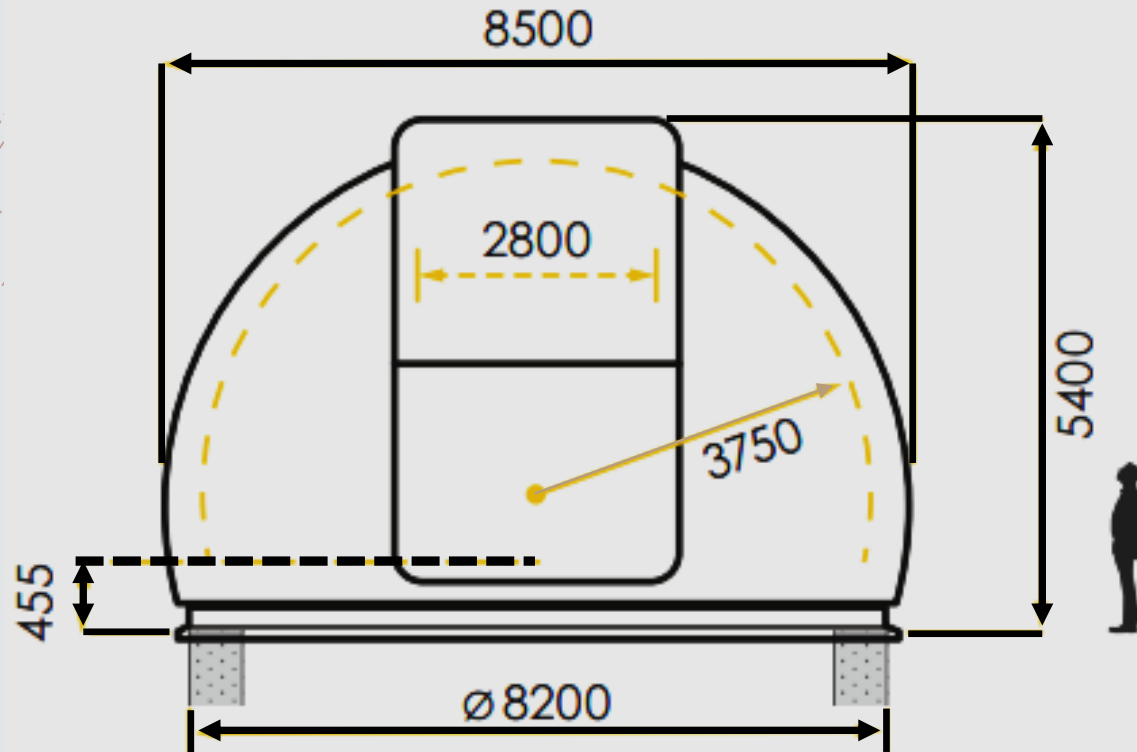
Structural Components



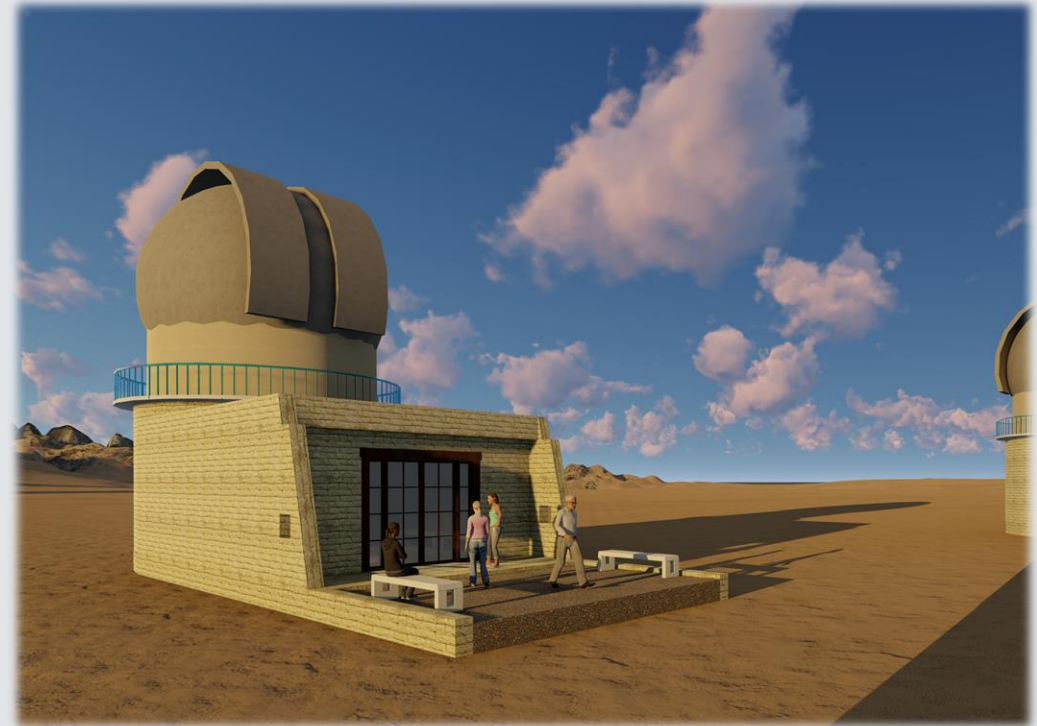
Structural Components



Observatory Dome



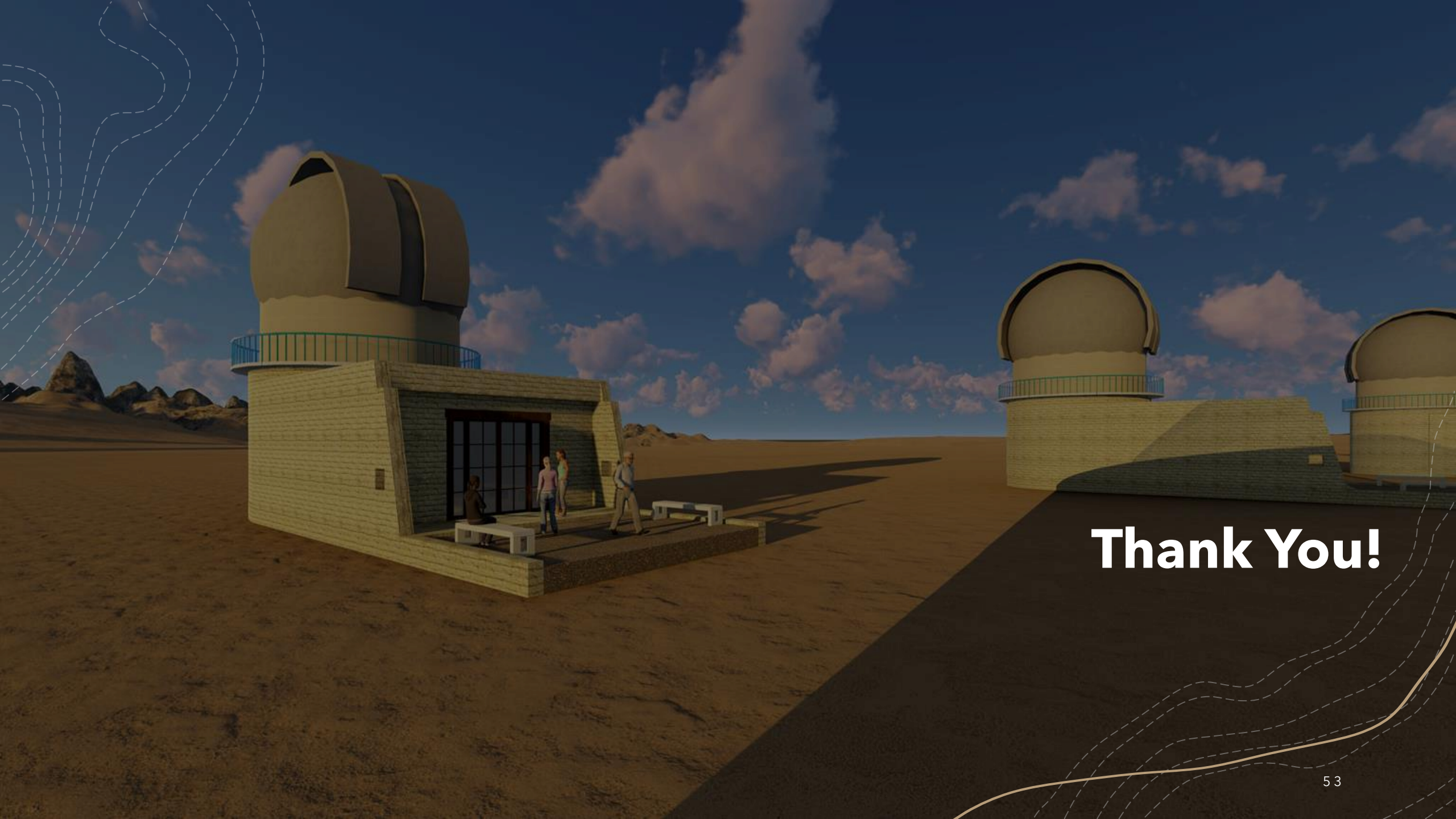
Use of Advanced Slit Domes



<https://drive.google.com/file/d/1HMfjFU4tbJE0x6ylGhM0vV9WCHyV34Cc/view?usp=sharing>

References

- MDRS - Mars Desert Research Station, <http://mdrs.marsociety.org/>
- <https://hackernoon.com/analog-work-on-earth-for-space-the-need-to-embrace-analog-missions>
- Reference of Site : Ladakh by Siddharth Pandey, Astrobiologist, Head of Centre for Excellence in Astrobiology
- From the Individual to the Cultural Space Group, Carole Tafforin
- Psychophysiological adaptation and communication behavior of human operator during 105-day isolation
- Crew self-organization and group-living habits during three autonomous, long-duration Mars analog missions, C. Heinicke, L. Poulet, J. Dunn, A. Meier
- Prospects for Psychological Support in Interplanetary Expeditions, Vadim Gushin¹ , Oleg Ryumin¹ , Olga Karpova¹ , Ivan Rozanov¹ , Dmitry Shved^{1,2 *} and Anna Yusupova



Thank You!